

# **The Children's Health Market's Great Body Shop Curriculum**

## **Correlations between Idaho's Standards for Achievement in Health and the Lessons in the Great Body Shop specific to Safety and Violence Prevention and Substance Abuse Prevention**

The following charts identify the lessons in the Great Body Shop consistent with Idaho's Standards for Achievement in Health specific to Safety and Violence Prevention and Substance Abuse Prevention. Three Strands/Units within The Great Body Shop specifically address safety, violence, and substance abuse prevention education. Injury Prevention & Personal Safety, Substance Abuse Prevention, and Community Health & Safety/Violence Prevention specifically address the Guidelines under Safe and Drug Free Schools. However, due to the comprehensive nature of this curriculum, other units also address these topics, but to a lesser extent

These points should be noted: First, a lesson might be consistent with a standard listed in a higher-grade level section, but is not identified in that section. Second, because of the interactive and open-ended nature of lessons in the Great Body Shop, some lessons may not address the standard explicitly but are nonetheless adaptable to meet the standard. Third, some of the standards may be addressed in various, nonspecific parts throughout the curriculum. And finally, a comprehensive alignment of the Great Body Shop and the Idaho Standards for Achievement in Health, which addresses all health issues and risk behaviors, can be found on The Children's Health Market website: [www.TheGreatBodyShop.net](http://www.TheGreatBodyShop.net)

## HEALTH TABLE OF CONTENTS

767.	HEALTH STANDARDS .....	3
768.	HEALTH STANDARDS – KINDERGARTEN, SECTIONS 769 THROUGH 773.....	3
777.	HEALTH STANDARDS - GRADE 1, SECTIONS 778 THROUGH 782.....	10
786.	HEALTH STANDARDS - GRADE 2, SECTIONS 787 THROUGH 791.....	20
795.	HEALTH STANDARDS - GRADE 3, SECTIONS 796 THROUGH 800.....	30
804.	HEALTH STANDARDS - GRADE 4, SECTIONS 805 THROUGH 809.....	39
813.	HEALTH STANDARDS - GRADE 5, SECTIONS 814 THROUGH 818.....	49
822.	HEALTH STANDARDS - GRADE 6, SECTIONS 823 THROUGH 827.....	59

## HEALTH STANDARDS.

**01. Health Education.** Health education enables students to obtain, apply, and benefit from health information, services, and skills in ways that enhance the individual and society. Health knowledge and its applications enhance the ability to achieve life goals. Health is a dynamic process that includes emotional, mental, physical, social, environmental, and spiritual dimensions.

### 767. HEALTH STANDARDS – KINDERGARTEN, SECTIONS 769 THROUGH 773.

The samples associated with the content standards are meant to illustrate meaning and to represent possible areas of applications. They are not intended to be an exhaustive list, but are samples of applications that would demonstrate learning.

### 768. HEALTHY LIFESTYLES.

Standard - The student will:	The Great Body Shop Lessons, Homework, Substance Abuse/Violence Prevention Portfolios & Reinforcement Activities listed below address accountability standards under No Child Left Behind, Safe and Drug Free Schools
<b>01. Acquire the essential skills to lead a healthy life.</b>	K01: HOW TO STAY SAFE; Lesson 1: "Safety Rules, Safety Helpers"; Homework 1: 15 Ways; Substance Abuse/Violence Prevention Portfolio 1: Safety Helpers; Reinforcement Activities 1, 2, 3, 4, 5, 6, 7, 8, 9
	K01: HOW TO STAY SAFE; Lesson 2: "Safety at Home"; Homework 1: Safety Helper Awards; Substance Abuse/Violence Prevention Portfolio 2: Home Safety Rules for Guns; Reinforcement Activities 10 - 16
	K01: HOW TO STAY SAFE; Lesson 3: "Safety at Play"; Homework 3: Emergency Numbers; Substance Abuse/Violence Prevention Portfolio 3: How to Get Help in a Hurry; Reinforcement Activities 18, 21
	K01: HOW TO STAY SAFE; Lesson 4: "Safety in the Community"; Homework 4: Dr. Smartstuff Letter; Substance Abuse/ Violence Prevention Portfolio 4: Talking with Parents; Reinforcement Activities 23, 24, 27, 28, 30
	K02: THE FIVE SENSES; Substance Abuse/Violence Prevention Portfolio 1: Respecting Your Senses
	K02: THE FIVE SENSES; Lesson 2: "Our Senses Help Us Learn"; Substance Abuse/Violence Prevention Portfolio 2: Respecting Your Senses; Reinforcement Activity 11
	K02: THE FIVE SENSES; Lesson 3: "Let's Use Our Senses"; Substance Abuse/Violence Prevention Portfolio 3: The Danger of Tasting Someone Else's Medicine;
	K02: THE FIVE SENSES; Homework 4: How Can I Help?; Substance Abuse/Violence Prevention Portfolio 4: The Risk of Smoking or Chewing Tobacco
	K03: ADVENTURES IN FOOD; Substance Abuse/Violence Prevention Portfolio 1: Healthful Food vs. Illegal Drugs; Substance Abuse/Violence Prevention Portfolio 2: That's Not Food; Substance Abuse/Violence Prevention Portfolio 3: Say "No!" To Drugs; Substance Abuse/Violence Prevention Portfolio 4: Practicing Refusal Skills; Reinforcement Activities 20, 25

	<p>K04: THE FAMILY TEAM; Substance Abuse/Violence Prevention Portfolio 1: Love, Trust and Caring in a Family;</p> <p>K04: THE FAMILY TEAM; Lesson 2: "See How Families Grow and Change"; Substance Abuse/Violence Prevention Portfolio 2: Controlling Anger in the Face of Change;</p> <p>K04: THE FAMILY TEAM; Substance Abuse/Violence Prevention Portfolio 3: Using Peaceful Methods to Resolve Conflicts; Reinforcement Activities 14, 18</p> <p>K04: THE FAMILY TEAM; Lesson 4: "Families and the Community"; Substance Abuse/Violence Prevention Portfolio 4: Being A Good Neighbor; Reinforcement Activities 20, 23</p> <p>K05: MY BODY IS SPECIAL; Lesson 1: All Bodies Are Different; Homework 1: I'm Special Name Tags; Substance Abuse/Violence Prevention Portfolio 1: B.J. Gets Glasses; Reinforcement Activity 2</p> <p>K05: MY BODY IS SPECIAL; Lesson 2: "I Am Special" ; Substance Abuse/Violence Prevention Portfolio 2: Dealing With Anger; Reinforcement Activities 7, 8</p> <p>K05: MY BODY IS SPECIAL; Lesson 3: "Taking Care of My Body"; Homework 3: Staying Healthy; Substance Abuse/Violence Prevention Portfolio 3: Drink Identification; Reinforcement Activity 14</p> <p>K05: MY BODY IS SPECIAL; Lesson 4: "Safe Touch, Unsafe Touch"; Homework 4: Safe Place Game; Substance Abuse/Violence Prevention Portfolio 4: Asking Permission and Taking A Partner; Reinforcement Activities 15, 16, 19</p> <p>K06: GOING TO THE DOCTOR; Lesson 1: "Your Doctor or Dentist"; Substance Abuse/Violence Prevention Portfolio 1: People Who You Can Trust; Reinforcement Activity 2</p> <p>K06: GOING TO THE DOCTOR; Substance Abuse/Violence Prevention Portfolio 2: Following Rules When Using Medicines; Reinforcement Activity 9; Substance Abuse/Violence Prevention Portfolio 3: Fishing Pole Conflict;</p> <p>K06: GOING TO THE DOCTOR; Lesson 4: "Making Healthful Decisions"; Substance Abuse/Violence Prevention Portfolio 4: Health Helpers You Can Count On; Reinforcement Activity 20</p> <p>K07: NO DRUGS, NO WAY!; Lesson 1: "What Is A Drug?"; Homework 1: No Drugs! No Way!; Substance Abuse/Violence Prevention Portfolio: Three Reason to Say "No Drugs! No Way!"; Reinforcement Activities 1, 2, 3, 4, 5, 6</p> <p>K07: NO DRUGS, NO WAY!; Lesson 2: "What Is A Medicine?"; Homework 1: Put Pills in Their Place; Substance Abuse/Violence Prevention Portfolio: Rules for Taking Medicine Drawing; Reinforcement Activities 7, 8, 9, 10</p>
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	<p>K07: NO DRUGS, NO WAY!; Lesson 3: "Stay Away From Dangerous Substances"; Homework 3: Look Out!; Substance Abuse/Violence Prevention Portfolio: Identifying Dangerous Substances in Magazines; Reinforcement Activities 12, 13, 14</p> <p>K07: NO DRUGS, NO WAY!; Lesson 4: "My Great Body"; Substance Abuse/Violence Prevention Portfolio: Super Hero; Reinforcement Activities 15, 16, 17, 18</p> <p>K08: GETTING SICK; Lesson 1: "What Does It Mean to Be Healthy?"; Substance Abuse/Violence Prevention Portfolio 1: Why I Want to Be Healthy" Mirror</p> <p>K08: GETTING SICK; Substance Abuse/Violence Prevention Portfolio 2: Medicine Safety Rules; Reinforcement Activity 14</p> <p>K08: GETTING SICK; Lesson 3: "How Do You Get Well?"; Homework 3: Which Are Medicines? Substance Abuse/Violence Prevention Portfolio 3: Following Directions When Taking Medicine; Reinforcement Activities 16, 17</p> <p>K08: GETTING SICK; Lesson 4: "Helping Those Who Are Sick"; Homework 4: Cheer Up!; Substance Abuse/Violence Prevention Portfolio 4: Sammy's Decision; Reinforcement Activities 21, 22, 23, 24</p> <p>K09: KEEPING CLEAN AND HEALTHY; Substance Abuse/Violence Prevention Portfolio 1: Safety Rules Regarding Discarded Needles</p> <p>K09: KEEPING CLEAN AND HEALTHY; Lesson 2: "Feeling Great About Keeping Clean"; Substance Abuse/Violence Prevention Portfolio 2: Reward for Choosing to be Drug-Free; Substance Abuse/Violence Prevention 3: Identifying Hazardous Materials</p> <p>K09: KEEPING CLEAN AND HEALTHY; Lesson 4: "How Keeping Clean and Healthy Helps Keep Disease Away"; Substance Abuse/Violence Prevention Portfolio 4: Rules for A Safe, Drug-Free Community; Reinforcement Activity 17</p> <p>K10: EVERY DAY PLAY; Substance Abuse/Violence Prevention Portfolio 1: Two Groups; Reinforcement Activity 5;</p> <p>K10: EVERY DAY PLAY; Lesson 2: "How We Play"; Substance Abuse/Violence Prevention Portfolio 2: Stop the Violence; Reinforcement Activity 7; Substance Abuse/Violence Prevention Portfolio 3: Drugs and Violence</p> <p>K10: EVERY DAY PLAY; Lesson 4: "Learning the Rules of Safe Play"; Substance Abuse/Violence Prevention Portfolio 4: Using the Conflict Resolution Step; Reinforcement Activities 19, 20</p>
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**769. RISK-TAKING BEHAVIOR.**

<b>Standard - The student will:</b>	<b>The Great Body Shop Lessons, Homework, Substance Abuse/Violence Prevention Portfolios &amp; Reinforcement Activities listed below address accountability standards under No Child Left Behind, Safe and Drug Free Schools</b>
<b>01. Demonstrate the ability to practice health-enhancing behaviors and reduce health risks.</b>	All lessons, homework, and portfolio and reinforcement activities listed above meet this standard.

**770. COMMUNICATION SKILLS FOR HEALTHY RELATIONSHIPS.**

<b>Standard - The student will:</b>	<b>The Great Body Shop Lessons, Homework, Substance Abuse/Violence Prevention Portfolios &amp; Reinforcement Activities listed below address accountability standards under No Child Left Behind, Safe and Drug Free Schools</b>
<b>01. Demonstrate the ability to use communication skills to enhance health.</b>	<p>K01: HOW TO STAY SAFE; Lesson 1: "Safety Rules, Safety Helpers"; Substance Abuse/Violence Prevention Portfolio 1: Safety Helpers; Reinforcement Activities 1, 2, 3, 4, 5, 7, 8, 9</p> <p>K01: HOW TO STAY SAFE; Lesson 2: "Safety at Home"; Substance Abuse/Violence Prevention Portfolio 2: Home Safety Rules for Guns; Reinforcement Activities: 10, 11, 15, 16</p> <p>K01: HOW TO STAY SAFE; Lesson 3: "Safety at Play"; Homework 3: Emergency Numbers; Substance Abuse/Violence Prevention Portfolio 3: How to Get Help in a Hurry; Reinforcement Activities 18, 21</p> <p>K01: HOW TO STAY SAFE; Lesson 4: "Safety in the Community"; Homework 4: Dr. Smartstuff Letter; Substance Abuse/ Violence Prevention Portfolio 4: Talking with Parents; Reinforcement Activities 23, 24, 27, 28, 30</p> <p>K02: THE FIVE SENSES; Lesson 2: "Our Senses Help Us Learn"; Lesson 3: "Let's Use Our Senses"; Substance Abuse/Violence Prevention Portfolio 4: The Risk of Smoking or Chewing Tobacco</p> <p>K03: ADVENTURES IN FOOD; Substance Abuse/Violence Prevention Portfolio 3: Say "No!" To Drugs";</p> <p>K03: ADVENTURES IN FOOD; Lesson 4; Substance Abuse/Violence Prevention Portfolio 4: Practicing Refusal Skills; Homework 4: How Did I Do?; Reinforcement Activities 17, 18, 21</p> <p>K04: THE FAMILY TEAM; Substance Abuse/Violence Prevention Portfolio 1: Love, Trust and Caring in a Family;</p> <p>K04: THE FAMILY TEAM; Lesson 2: "See How Families Grow and Change"; Substance Abuse/Violence Prevention Portfolio 2: Controlling Anger in the Face of Change;</p> <p>K04: THE FAMILY TEAM; Substance Abuse/Violence Prevention Portfolio 3: Using Peaceful Methods to Resolve Conflicts; Reinforcement Activities 14, 18</p> <p>K04: THE FAMILY TEAM; Substance Abuse/Violence Prevention Portfolio 4: Being A Good Neighbor</p>

K05:	MY BODY IS SPECIAL; Substance Abuse/Violence Prevention Portfolio 1: B.J. Gets Glasses; Reinforcement Activity 2
K05:	MY BODY IS SPECIAL; Substance Abuse/Violence Prevention Portfolio 2: Dealing With Anger; Reinforcement Activities 7, 8
K05:	MY BODY IS SPECIAL; Lesson 3: "Taking Care of My Body"; Homework 3: Staying Healthy; Substance Abuse/Violence Prevention Portfolio 3: Drink Identification; Reinforcement Activity 14
K05:	MY BODY IS SPECIAL; Lesson 4: "Safe Touch, Unsafe Touch"; Homework 4: Safe Place Game; Substance Abuse/Violence Prevention Portfolio 4: Asking Permission and Taking A Partner; Reinforcement Activities 15, 16
K06:	GOING TO THE DOCTOR; Lesson 1: "Your Doctor or Dentist"; Substance Abuse/Violence Prevention Portfolio 1: People Who You Can Trust; Reinforcement Activity 2
K06:	GOING TO THE DOCTOR; Substance Abuse/Violence Prevention Portfolio 3: Fishing Pole Conflict
K06:	GOING TO THE DOCTOR; Lesson 4: "Making Healthful Decisions"; Substance Abuse/Violence Prevention Portfolio 4: Health Helpers You Can Count On
K07:	NO DRUGS! NO WAY!; Lesson 1: "What Is a Drug?"; Homework 1: No Drugs! No Way!; Substance Abuse/Violence Prevention Portfolio 1: Three Reasons to Say "No Drugs! No Way!" Reinforcement Activities 1, 2, 4, 6
K07:	NO DRUGS! NO WAY!; Substance Abuse/Violence Prevention Portfolio 2: Rules for Taking Medicine Drawing; Reinforcement Activities 7, 8, 10
K07:	NO DRUGS! NO WAY!; Lesson 3: "Stay Away from Dangerous Substances"; Homework 3: Look Out!; Reinforcement Activities 13, 14
K07:	NO DRUGS! NO WAY!; Lesson 4: "My Great Body"; Substance Abuse/Violence Prevention Portfolio 4: Super Hero; Reinforcement Activities 15, 17
K08:	GETTING SICK; Lesson 1: "What Does It Mean to Be Healthy?"; Substance Abuse/Violence Prevention Portfolio 1: Why I Want to Be Healthy" Mirror
K08:	GETTING SICK; Substance Abuse/Violence Prevention Portfolio 2: Medicine Safety Rules; Reinforcement Activity 14
K08:	GETTING SICK; Homework 3: Which Are Medicines? Substance Abuse/Violence Prevention Portfolio 3: Following Directions When Taking Medicine; Reinforcement Activities 16, 17

	<p>K08: GETTING SICK; Lesson 4: “Helping Those Who Are Sick”; Substance Abuse/Violence Prevention Portfolio 4: Sammy’s Decision; Reinforcement Activities 21, 22, 24</p> <p>K09: KEEPING CLEAN AND HEALTHY; Substance Abuse/Violence Prevention Portfolio 2: Reward for Choosing to be Drug-Free; Substance Abuse/Violence Prevention 3: Identifying Hazardous Materials;</p> <p>K09: KEEPING CLEAN AND HEALTHY; Lesson 4: “How Keeping Clean and Healthy Helps Keep Disease Away”; Substance Abuse/Violence Prevention Portfolio 4: Rules for A Safe, Drug-Free Community; Reinforcement Activity 17</p> <p>K10: EVERY DAY PLAY; Reinforcement Activity 5, 7; Substance Abuse/Violence Prevention Portfolio 3: Drugs and Violence; Homework 4: Safety Cut and Paste; Substance Abuse/Violence Prevention Portfolio 4: Using the Conflict Resolution Step; Reinforcement Activities 19, 20</p>
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**771. CONSUMER HEALTH.**

<b>Standard - The student will:</b>	<b>The Great Body Shop Lessons, Homework, Substance Abuse/Violence Prevention Portfolios &amp; Reinforcement Activities listed below address accountability standards under No Child Left Behind, Safe and Drug Free Schools</b>
<b>01. Organize, analyze, and apply health information practices and services appropriate for individual needs.</b>	<p>K01: HOW TO STAY SAFE; Lesson 1: “Safety Rules, Safety Helpers”; Substance Abuse/Violence Prevention Portfolio 1: Safety Helpers; Reinforcement Activities 1, 2, 3, 4, 5, 6, 7, 8, 9</p> <p>K01: HOW TO STAY SAFE; Lesson 2: "Safety at Home"; Homework 1: Safety Helper Awards; Substance Abuse/Violence Prevention Portfolio 2: Home Safety Rules for Guns; Reinforcement Activities: 10 – 16</p> <p>K01: HOW TO STAY SAFE; Homework 3: Emergency Numbers; Substance Abuse/Violence Prevention Portfolio 3: How to Get Help in a Hurry; Reinforcement Activities 18, 21</p> <p>K01: HOW TO STAY SAFE; Lesson 4: "Safety in the Community"; Homework 4: Dr. Smartstuff Letter;</p> <p>K04: THE FAMILY TEAM; Reinforcement Activity 14</p> <p>K04: THE FAMILY TEAM; Lesson 4: “Families and the Community”; Substance Abuse/Violence Prevention Portfolio 4: Being A Good Neighbor; Reinforcement Activities 20, 23</p> <p>K05: MY BODY IS SPECIAL; Substance Abuse/Violence Prevention Portfolio 2: Dealing With Anger; Reinforcement Activity 14</p> <p>K05: MY BODY IS SPECIAL; Lesson 4: “Safe Touch, Unsafe Touch”; Homework 4: Safe Place Game; Substance Abuse/Violence Prevention Portfolio 4: Asking Permission and Taking A Partner; Reinforcement Activity 16</p> <p>K06: GOING TO THE DOCTOR; Lesson 1: “Your Doctor or Dentist”; Substance Abuse/Violence Prevention Portfolio 1: People Who You Can Trust; Reinforcement Activity 2</p>



	<p>K06: GOING TO THE DOCTOR; Substance Abuse/Violence Prevention Portfolio 2: Following Rules When Using Medicines;</p> <p>K06: GOING TO THE DOCTOR; Lesson 4: "Making Healthful Decisions"; Substance Abuse/Violence Prevention Portfolio 4: Health Helpers You Can Count On</p> <p>K07: NO DRUGS! NO WAY!; Lesson 2: "What is Medicine?" ; Homework 2: Put Pills in Their Place; Substance Abuse/Violence Prevention Portfolio 2: Rules for Taking Medicine Drawing; Reinforcement Activity 7, 10</p> <p>K07: NO DRUGS! NO WAY!; Lesson 3: "Stay Away from Dangerous Substances"; Substance Abuse/Violence Prevention Portfolio 3: Identifying Dangerous Substances in Magazines; Reinforcement Activity 14</p> <p>K08: GETTING SICK; Lesson 1: "What Does It Mean to Be Healthy?"</p> <p>K08: GETTING SICK; Substance Abuse/Violence Prevention Portfolio 2: Medicine Safety Rules</p> <p>K08: GETTING SICK; Lesson 3: "How Do You Get Well?"; Reinforcement Activities 16, 17</p> <p>K09: KEEPING CLEAN AND HEALTHY; Substance Abuse/Violence Prevention Portfolio 1: Safety Rules Regarding Discarded Needles; Substance Abuse/Violence Prevention 3: Identifying Hazardous Materials</p>
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**772. MENTAL AND EMOTIONAL WELLNESS.**

<b>Standard - The student will:</b>	<b>The Great Body Shop Lessons, Homework, Substance Abuse/Violence Prevention Portfolios &amp; Reinforcement Activities listed below address accountability standards under No Child Left Behind, Safe and Drug Free Schools</b>
01. Understand and demonstrate the key components to positive mental and emotional health.	<p>K01: HOW TO STAY SAFE; Substance Abuse/Violence Prevention Portfolio 1: Safety Helpers; Reinforcement Activities 8, 9</p> <p>K01: HOW TO STAY SAFE; Lesson 3: "Safety at Play"; Reinforcement Activities: 18, 23</p> <p>K04: THE FAMILY TEAM; Substance Abuse/Violence Prevention Portfolio 1: Love, Trust and Caring in a Family</p> <p>K04: THE FAMILY TEAM; Lesson 2: "See How Families Grow and Change"; Substance Abuse/Violence Prevention Portfolio 2: Controlling Anger in the Face of Change; Reinforcement Activity 8</p> <p>K04: THE FAMILY TEAM; Substance Abuse/Violence Prevention Portfolio 3: Using Peaceful Methods to Resolve Conflicts; Reinforcement Activity 18</p> <p>K04: THE FAMILY TEAM; Lesson 4: "Families and the Community"; Substance Abuse/Violence Prevention Portfolio 4: Being A Good Neighbor; Reinforcement Activities 20, 23</p> <p>K05: MY BODY IS SPECIAL; Substance Abuse/Violence Prevention Portfolio 1: B.J. Gets Glasses; Reinforcement Activity 2</p>

	K05: MY BODY IS SPECIAL; Lesson 2: "All Bodies Are Special"; Substance Abuse/Violence Prevention Portfolio 2: Dealing With Anger; Reinforcement Activities 7, 8
	K05: MY BODY IS SPECIAL; Lesson 4: "Safe Touch, Unsafe Touch"; Substance Abuse/Violence Prevention Portfolio 4: Asking Permission and Taking A Partner
	K06: GOING TO THE DOCTOR & DENTIST; Lesson 1: "Your Doctor or Dentist"; Substance Abuse/Violence Prevention Portfolio 1: People Who You Can Trust; Reinforcement Activity 2
	K06: GOING TO THE DOCTOR & DENTIST; Substance Abuse/Violence Prevention Portfolio 3: Fishing Pole Conflict; Substance Abuse/Violence Prevention Portfolio 4: Health Helpers You Can Count On
	K07: NO DRUGS! NO WAY!; Reinforcement Activity 4, 5; Lesson 3: "Stay Away from Dangerous Substances"; Reinforcement Activity 14
	K07: NO DRUGS! NO WAY!; Lesson 4: "My Great Body"; Reinforcement Activities 15, 18
	K08: GETTING SICK; Substance Abuse/Violence Prevention Portfolio 1: Why I Want to Be Healthy" Mirror; Substance Abuse/Violence Prevention Portfolio 2: Medicine Safety Rules
	K08: GETTING SICK; Lesson 3: "How Do You Get Well?"; Reinforcement Activities 17
	K08: GETTING SICK; Lesson 4: "Helping Those Who Are Sick"; Homework 4: Cheer Up!; Substance Abuse/Violence Prevention Portfolio 4: Sammy's Decision; Reinforcement Activities 21, 22, 23, 24
	K09: KEEPING CLEAN AND HEALTHY; Substance Abuse/Violence Prevention Portfolio 2: Reward for Choosing to be Drug-Free
	K10: EVERY DAY PLAY; Reinforcement Activity 5; Substance Abuse/Violence Prevention Portfolio 3: Drugs and Violence
	K10: EVERY DAY PLAY; Lesson 4: "Learning the Rules of Safe Play"; Homework 4: Safety Cut and Paste; Substance Abuse/Violence Prevention Portfolio 4: Using the Conflict Resolution Step; Reinforcement Activity 20

**774. -- 776. (RESERVED).**

**777. HEALTH STANDARDS - GRADE 1, SECTIONS 778 THROUGH 782.**

The samples associated with the content standards are meant to illustrate meaning and to represent possible areas of applications. They are not intended to be an exhaustive list, but are samples of applications that would demonstrate learning.

778. **HEALTHY LIFESTYLES.**

Standard - The student will:	The Great Body Shop Lessons, Homework, Substance Abuse/Violence Prevention Portfolios & Reinforcement Activities listed below address accountability standards under No Child Left Behind, Safe and Drug Free Schools
<b>01. Acquire the essential skills to lead a healthy life.</b>	<p>101: LOOK OUT!; Substance Abuse/Violence Prevention Portfolio 1: Gun Safety; Reinforcement Activity 3, 4, 5</p> <p>101: LOOK OUT!; Homework 2: Neighborhood Safety Rules; Substance Abuse/Violence Prevention Portfolio 2: Neighborhood Safety Rules; Reinforcement Activities 10, 11, 12</p> <p>101: LOOK OUT!; Substance Abuse/Violence Prevention Portfolio 3: Smoking as a Safety Hazard;</p> <p>101: LOOK OUT!; Lesson 4: "Who Knows the Rules?"; Substance Abuse/Violence Prevention Portfolio 4: Community Helpers for Substance Abuse and Violence; Reinforcement Activities 23, 24, 25, 27, 28, 29, 31, 32</p> <p>102: HEAD TO TOE; Substance Abuse/Violence Prevention Portfolio 1: Protecting the Brain from Drugs; Reinforcement Activity 7</p> <p>102: HEAD TO TOE; Substance Abuse/Violence Prevention Portfolio 2: The Body's Warning Signs; Reinforcement Activity 14</p> <p>102: HEAD TO TOE; Lesson 3: "I Take Good Care of My Body"; Substance Abuse/Violence Prevention Portfolio 3: What If You Don't Care of Your Body?; Reinforcement Activity 18, 22</p> <p>102: HEAD TO TOE; Lesson 4: "My Body is Extra Special"; Homework 4: I Am Unique &amp; So Are You!; Substance Abuse/Violence Prevention Portfolio 4: "Respecting Differences in Different People"; Reinforcement Activities 23, 24, 25, 28</p> <p>103: WHY DO WE EAT?; Substance Abuse/Violence Prevention Portfolio 1: Drugs and Medicine Are Not Food; Substance Abuse/Violence Prevention Portfolio 2: Goals for Eating, Sleep &amp; Exercise – A Gift for Me!; Substance Abuse/Violence Prevention Portfolio 3: Alcohol &amp; Cigarettes Are Not for Children – Media Analysis; Substance Abuse/Violence Prevention Portfolio 4: Variety Is the Spice of Life</p> <p>104: ALL ABOUT MEDICINES; Lesson 1: "All About Medicines"; Homework 1: A Rap Song; Substance Abuse/Violence Prevention Portfolio 1: Adults Who Can Give You Medicine; Reinforcement Activities 1, 2, 3, 4, 5</p> <p>104: ALL ABOUT MEDICINES; Lesson 2: "Who Can Give Medicine"; Homework 2: Thank You Card; Substance Abuse/ Violence Prevention Portfolio 2: No Way, Man!; Reinforcement Activities 6, 7, 8, 9, 10, 11</p> <p>104: ALL ABOUT MEDICINES; Lesson 3: "What Does Medicine Do?"; Substance Abuse/Violence Prevention Portfolio 3: Say "No!" to Medicine You Don't Need</p> <p>104: ALL ABOUT MEDICINES; Lesson 4: "Medicine Can Mean Trouble"; Homework 4: Taking Medicine as</p>

	Directed; Substance Abuse/Violence Prevention Portfolio 4: Taking Medicine As Directed; Reinforcement Activities 18, 19, 20, 21, 22
105:	TALK AND LISTEN; Substance Abuse/Violence Prevention Portfolio 1: Helping Abbie to Hear, Helping Abbie to Learn
105:	TALK AND LISTEN; Lesson 2: "We Talk and Listen"; Substance Abuse/Violence Prevention Portfolio 2: Avoiding a Fight; Reinforcement Activities 8
105:	TALK AND LISTEN; Lesson 3: "People Talk In Many Ways"; Homework 3: What is Tito Saying?; Substance Abuse/Violence Prevention Portfolio 3: Uncomfortable Situation; Reinforcement Activities 12, 13, 14
105:	TALK AND LISTEN; Lesson 4: "Tell How You Feel"; Homework 4: The Nonsense Story; Substance Abuse/Violence Prevention Portfolio 4: What Do I Do; Reinforcement Activities 15, 16, 17, 19
106:	HAPPY, SAD, AND IN-BETWEEN; Lesson 1: "We Have Many Feelings"; Substance Abuse/Violence Prevention Portfolio 1: "Responding to an Angry Friend"; Reinforcement Activities 1, 2, 3, 4, 5, 6
106:	HAPPY, SAD AND IN BETWEEN; Lesson 2: "Talking Helps Me Feel Better"; Homework 2: Doing Something Nice; Substance Abuse/Violence Prevention Portfolio 2: Positive Ways to Release Anger; Reinforcement Activities 7, 8, 9, 10, 11
106:	HAPPY, SAD AND IN BETWEEN; Lesson 3: "Cool Dude Gets Mad"; Homework 3: Chasing the Blues Away; Substance Abuse/Violence Prevention Portfolio 3: How to React to Someone Who Makes You Mad; Reinforcement Activities 12, 13, 14, 15, 16, 17
106:	HAPPY, SAD AND IN BETWEEN; Lesson 4: "My Body is Private"; Homework 4: Happy, Sad and In-Between Review; Substance Abuse/Violence Prevention Portfolio 4: Saying "No!" Steps; Reinforcement Activities 18, 19, 20, 22(Optional)
107:	DRUGS ARE DUMB; Lesson 1: "What Are Drugs?"; Homework 1: The Drug Puzzle; Substance Abuse/Violence Prevention Portfolio 1: Drugs and Safety Rules; Reinforcement Activities 1, 2, 3, 4, 5, 6
107:	DRUGS ARE DUMB; Lesson 2: "No Smoking, Please!"; Homework 2: Family Health Plan Pictures; Substance Abuse/Violence Prevention Portfolio 2: Anti-Smoking Advertisement; Reinforcement Activities 7, 8, 9, 10, 11
107:	DRUGS ARE DUMB; Lesson 3: "Drinking Can Make You Sick"; Homework 3: Talking About Problems; Substance Abuse/Violence Prevention Portfolio 3: Memorizing the Saying "No!" Steps; Reinforcement Activities 12, 13, 14
107:	DRUGS ARE DUMB; Lesson 4: "Safe and Strong"; Homework 4: The Puzzler's Challenge Maze;

	<p>Substance Abuse/Violence Prevention Portfolio 4: Community Helpers; Reinforcement Activities 15, 16, 17, 18, 19, 20, 21, 22, 23</p> <p>108: GET WELL SOON; Homework 1: "Keeping Healthy Chart"; Substance Abuse/Violence Prevention Portfolio 1: Using Empathy to Help Those Who Are Sick</p> <p>108: GET WELL SOON; Substance Abuse/Violence Prevention Portfolio 2: What to Do if You Find A Needle;</p> <p>108: GET WELL SOON; Homework 3: What Can We Do?; Substance Abuse/Violence Prevention Portfolio 3: Following Directions When You Are Sick; Reinforcement Activities 9, 10, 11</p> <p>108: GET WELL SOON; Substance Abuse/Violence Prevention Portfolio 4: The Importance of Laws and Rules; Reinforcement Activities 17</p> <p>109: HOW I BREATHE; Substance Abuse/Violence Prevention Portfolio 1: The Dangers of Breathing Cleaning Products;</p> <p>109: HOW I BREATHE; Lesson 2: "Don't Hurt Your Lungs"; Substance Abuse/Violence Prevention Portfolio 2: Making Healthful Decisions About Smoking"; Reinforcement Activities 7, 10</p> <p>109: HOW I BREATHE; Substance Abuse/Violence Prevention Portfolio 3: Always Follow Rules for Taking Medicines</p> <p>109: HOW I BREATHE; Substance Abuse/Violence Prevention Portfolio 4: Using Breathing Exercise to Control Your Temper; Reinforcement Activity 17</p> <p>110: RUN, JUMP AND SKIP Substance Abuse/Violence Prevention Portfolio 1: Drugs or Violence</p> <p>110: RUN, JUMP AND SKIP; Substance Abuse/Violence Prevention Portfolio 2: My Best Effort to Stop Drugs and Violence; Reinforcement Activity 11</p> <p>110: RUN, JUMP AND SKIP; Lesson 3: "Getting Better All the Time"; Substance Abuse/Violence Prevention Portfolio: Our Goal - No Drugs and No Violence</p> <p>110: RUN, JUMP AND SKIP; Lesson 4: "Fair Play"; Substance Abuse/Violence Prevention Portfolio 4: Practicing the Conflict Resolution Steps; Reinforcement Activity 18, 19</p>
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**779. RISK-TAKING BEHAVIOR.**

<b>Standard - The student will:</b>	<b>The Great Body Shop Lessons, Homework, Substance Abuse/Violence Prevention Portfolios &amp; Reinforcement Activities listed below address accountability standards under No Child Left Behind, Safe and Drug Free Schools</b>
01. Demonstrate the ability to practice health-enhancing behaviors and reduce health risks.	All lessons, homework, and portfolio and reinforcement activities listed above also meet this standard.

**780. COMMUNICATION SKILLS FOR HEALTHY RELATIONSHIPS.**

<b>Standard - The student will:</b>	<b>The Great Body Shop Lessons, Homework, Substance Abuse/Violence Prevention Portfolios &amp; Reinforcement Activities listed below address accountability standards under No Child Left Behind, Safe and Drug Free Schools</b>
01. Demonstrate the ability to use communication skills to enhance health.	<p>101: LOOK OUT!; Substance Abuse/Violence Prevention Portfolio 1: Gun Safety; Reinforcement Activity 3 -5</p> <p>101: LOOK OUT!; Substance Abuse/Violence Prevention Portfolio 2: Neighborhood Safety Rules; Reinforcement Activities 10, 11, 12</p> <p>101: LOOK OUT!; Substance Abuse/Violence Prevention Portfolio 3: Smoking as a Safety Hazard;</p> <p>101: LOOK OUT!; Lesson 4: "Who Knows the Rules?"; Substance Abuse/Violence Prevention Portfolio 4: Community Helpers for Substance Abuse and Violence; Reinforcement Activities 23, 24, 25, 27, 28, 29, 31, 32</p> <p>102: HEAD TO TOE; Substance Abuse/Violence Prevention Portfolio 1: Protecting the Brain from Drugs; Reinforcement Activity 7</p> <p>102: HEAD TO TOE; Substance Abuse/Violence Prevention Portfolio 2: The Body's Warning Signs; Reinforcement Activity 14</p> <p>102: HEAD TO TOE; Lesson 3: "I Take Good Care of My Body"; Substance Abuse/Violence Prevention Portfolio 3: What If You Don't Care of Your Body?; Reinforcement Activity 18, 22</p> <p>102: HEAD TO TOE; Lesson 4: "My Body is Extra Special"; Homework 4: I Am Unique &amp; So Are You!; Substance Abuse/Violence Prevention Portfolio 4: "Respecting Differences in Different People"; Reinforcement Activity 23, 24, 25, 28</p> <p>103: WHY DO WE EAT? Substance Abuse/Violence Prevention Portfolio 2: Goals for Eating, Sleep &amp; Exercise – A Gift for Me!; Substance Abuse/Violence Prevention Portfolio 3: Alcohol &amp; Cigarettes Are Not for Children – Media Analysis; Substance Abuse/Violence Prevention Portfolio 4: Variety Is the Spice of Life</p> <p>104: ALL ABOUT MEDICINES; Lesson 1: "All About Medicines"; Homework 1; A Rap Song; Substance Abuse/Violence Prevention Portfolio 1: Adults Who Can Give You Medicine; Reinforcement Activities 1-5</p>

- 104: ALL ABOUT MEDICINES; Lesson 2: "Who Can Give Medicine"; Homework 2: Thank You Card; Substance Abuse/ Violence Prevention Portfolio 2: No Way, Man!; Reinforcement Activities 6, 7, 9, 11
- 104: ALL ABOUT MEDICINES; Lesson 3: "What Does Medicine Do?"
- 104: ALL ABOUT MEDICINES; Lesson 4: "Medicine Can Mean Trouble"; Reinforcement Activities 18, 19, 20, 22
- 105: TALK AND LISTEN; Substance Abuse/Violence Prevention Portfolio 1: Helping Abbie to Hear, Helping Abbie to Learn
- 105: TALK AND LISTEN; Lesson 2: "We Talk and Listen"; Substance Abuse/Violence Prevention Portfolio 2: Avoiding a Fight; Reinforcement Activity 8
- 105: TALK AND LISTEN; Lesson 3: "People Talk In Many Ways"; Homework 3: What is Tito Saying?; Substance Abuse/Violence Prevention Portfolio 3: Uncomfortable Situation; Reinforcement Activities 12, 13, 14
- 105: TALK AND LISTEN; Lesson 4: "Tell How You Feel"; Homework 4: The Nonsense Story; Substance Abuse/Violence Prevention Portfolio 4: What Do I Do; Reinforcement Activities 15, 16, 17, 19
- 106: HAPPY, SAD, AND IN-BETWEEN; Lesson 1: "We Have Many Feelings"; Substance Abuse/Violence Prevention Portfolio 1: "Responding to an Angry Friend"; Reinforcement Activity 6
- 106: HAPPY, SAD AND IN BETWEEN; Lesson 2: "Talking Helps Me Feel Better"; Homework 2: Doing Something Nice; Substance Abuse/Violence Prevention Portfolio 2: Positive Ways to Release Anger; Reinforcement Activities 7, 8, 9, 11
- 106: HAPPY, SAD AND IN BETWEEN; Lesson 3: "Cool Dude Gets Mad"; Homework 3: Chasing the Blues Away; Substance Abuse/Violence Prevention Portfolio 3: How to React to Someone Who Makes You Mad; Reinforcement Activities 15, 16, 17
- 106: HAPPY, SAD AND IN BETWEEN; Lesson 4: "My Body is Private"; Homework 4: Happy, Sad and In-Between Review; Substance Abuse/Violence Prevention Portfolio 4: Saying "No!" Steps; Reinforcement Activities 18, 19, 20, 22 (Optional)
- 107: DRUGS ARE DUMB; Lesson 1: "What Are Drugs?"; Substance Abuse/Violence Prevention Portfolio 1: Drugs and Safety Rules; Reinforcement Activities 2, 5, 6
- 107: DRUGS ARE DUMB; Lesson 2: "No Smoking, Please!"; Homework 2: Family Health Plan Pictures; Substance Abuse/Violence Prevention Portfolio 2: Anti-Smoking Advertisement; Reinforcement Activities 7, 8, 9

	107: DRUGS ARE DUMB; Substance Abuse/Violence Prevention Portfolio 3: Memorizing the Saying "No!" Steps
	107: DRUGS ARE DUMB; Lesson 4: "Safe and Strong": Homework 4: The Puzzler's Challenge Maze; Substance Abuse/Violence Prevention Portfolio 4: Community Helpers; Reinforcement Activities 16, 17, 21, 22, 23
	108: GET WELL SOON; Homework 1: "Keeping Healthy Chart"; Substance Abuse/Violence Prevention Portfolio 1: Using Empathy to Help Those Who Are Sick
	108: GET WELL SOON; Substance Abuse/Violence Prevention Portfolio 2: What to Do if You Find A Needle;
	108: GET WELL SOON; Homework 3: What Can We Do?; Substance Abuse/Violence Prevention Portfolio 3: Following Directions When You Are Sick
	108: GET WELL SOON; Substance Abuse/Violence Prevention Portfolio 4: The Importance of Laws and Rules
	109: HOW I BREATHE; Substance Abuse/Violence Prevention Portfolio 1: The Dangers of Breathing Cleaning Products
	109: HOW I BREATHE; Lesson 2: "Don't Hurt Your Lungs"; Homework 2: Healthful Habits for the Lungs; Substance Abuse/Violence Prevention Portfolio 2: Making Healthful Decisions About Smoking" ; Reinforcement Activities 7, 10
	109: HOW I BREATHE; Substance Abuse/Violence Prevention Portfolio 3: Always Follow Rules for Taking Medicines; Substance Abuse/Violence Prevention Portfolio 4: Using Breathing Exercise to Control Your Temper
	110: RUN, JUMP AND SKIP; Substance Abuse/Violence Prevention Portfolio 2: My Best Effort to Stop Drugs and Violence
	110: RUN, JUMP AND SKIP; Lesson 3: "Getting Better All the Time"; Substance Abuse/Violence Prevention Portfolio 3: Our Goal - No Drugs and No Violence
	110: RUN, JUMP AND SKIP; Lesson 4: "Fair Play"; Substance Abuse/Violence Prevention Portfolio 4: Practicing; Reinforcement Activity 18, 19



**781. CONSUMER HEALTH.**

Standard - The student will:	The Great Body Shop Lessons, Homework, Substance Abuse/Violence Prevention Portfolios & Reinforcement Activities listed below address accountability standards under No Child Left Behind, Safe and Drug Free Schools
01. Organize, analyze, and apply health information practices and services appropriate for individual needs.	<p>101: LOOK OUT!; Lesson 4: "Who Knows the Rules?"; Substance Abuse/Violence Prevention Portfolio 4: Community Helpers for Substance Abuse and Violence; Reinforcement Activities 24, 25, 28, 29, 32</p> <p>102: HEAD TO TOE; Reinforcement Activity 7, 14,</p> <p>103: WHY DO WE EAT? Substance Abuse/Violence Prevention Portfolio 1: Drugs and Medicine Are Not Food; Substance Abuse/Violence Prevention Portfolio 3: Alcohol &amp; Cigarettes Are Not for Children – Media Analysis;</p> <p>104: ALL ABOUT MEDICINES; Lesson 1: "All About Medicines"; Substance Abuse/Violence Prevention Portfolio 1: Adults Who Can Give You Medicine; Reinforcement Activities 1, 2, 3, 4, 5</p> <p>104: ALL ABOUT MEDICINES; Lesson 2: "Who Can Give Medicine"; Reinforcement Activities 6, 9, 10</p> <p>104: ALL ABOUT MEDICINES; Lesson 3: "What Does Medicine Do?"</p> <p>104: ALL ABOUT MEDICINES; Lesson 4: "Medicine Can Mean Trouble"; Homework 4: Taking Medicine as Directed; Substance Abuse/Violence Prevention Portfolio 4: Taking Medicine As Directed; Reinforcement Activities 18, 22</p> <p>105: TALK AND LISTEN; Lesson 2: "We Talk and Listen"; Substance Abuse/Prevention Portfolio 2: "Avoiding a Fight"</p> <p>105: TALK AND LISTEN; Substance Abuse/Violence Prevention Portfolio 3: Uncomfortable Situation;</p> <p>105: TALK AND LISTEN; Lesson 4: "Tell How You Feel"; Homework 4:The Nonsense Story; Substance Abuse/Violence Prevention Portfolio 4: What Do I Do; Reinforcement Activity 17, 19</p> <p>106: HAPPY, SAD, AND IN-BETWEEN; Lesson 1: "We Have Many Feelings"; Substance Abuse/Violence Prevention Portfolio 1: Responding to an Angry Friend</p> <p>106: HAPPY, SAD AND IN BETWEEN; Lesson 2: "Talking Helps Me Feel Better"; Substance Abuse/Violence Prevention Portfolio 2: Positive Ways to Release Anger</p> <p>106: HAPPY, SAD AND IN BETWEEN; Lesson 3: "Cool Dude Gets Mad"; Substance Abuse/Violence Prevention Portfolio 3: How to React to Someone Who Makes You Mad; Reinforcement Activities 16, 17</p> <p>106: HAPPY, SAD AND IN BETWEEN; Lesson 4: "My Body is Private"; Homework 4: Happy, Sad and In-Between Review; Substance Abuse/Violence Prevention Portfolio 4: Saying "No!" Steps</p>

107:	DRUGS ARE DUMB; Lesson 1: "What Are Drugs?"; Homework 1: The Drug Puzzle; Substance Abuse/Violence Prevention Portfolio 1: Drugs and Safety Rules; Reinforcement Activities 1, 2, 3, 4
107:	DRUGS ARE DUMB; Lesson 2: "No Smoking, Please!"; Homework 2: Family Health Plan Pictures; Substance Abuse/Violence Prevention Portfolio 2: Anti-Smoking Advertisement; Reinforcement Activities 6, 7, 8, 9, 10
107:	DRUGS ARE DUMB; Lesson 3: "Drinking Can Make You Sick"; Homework 3: Talking About Problems; Substance Abuse/Violence Prevention Portfolio 3: Memorizing the Saying "No!" Steps; Reinforcement Activities 11, 12, 13
107:	DRUGS ARE DUMB; Lesson 4: "Safe and Strong"; Homework 4: The Puzzler's Challenge Maze; Substance Abuse/Violence Prevention Portfolio 4: Community Helpers; Reinforcement Activities 18, 20, 21
108:	GET WELL SOON; Homework 1: "Keeping Healthy Chart"
108:	GET WELL SOON; Substance Abuse/Violence Prevention Portfolio 2: What to Do if You Find A Needle;
108:	GET WELL SOON; Homework 3: What Can We Do?; Substance Abuse/Violence Prevention Portfolio 3: Following Directions When You Are Sick; Reinforcement Activity 11
108:	GET WELL SOON; Substance Abuse/Violence Prevention Portfolio 4: The Importance of Laws and Rules; Reinforcement Activity 18
109:	HOW I BREATHE; Substance Abuse/Violence Prevention Portfolio 1: The Dangers of Breathing Cleaning Products
109:	HOW I BREATHE; Reinforcement Activity 10
109:	HOW I BREATHE; Lesson 3: "Runny Nose, Stuffy Nose"; Substance Abuse/Violence Prevention Portfolio 3: Always Follow Rules for Taking Medicines
109:	HOW I BREATHE; Substance Abuse/Violence Prevention Portfolio 4: Using Breathing Exercise to Control Your Temper
110:	RUN, JUMP AND SKIP; Reinforcement Activity 11
110:	RUN, JUMP AND SKIP; Lesson 3: "Getting Better All the Time"; Substance Abuse/Violence Prevention Portfolio 3: Our Goal - No Drugs and No Violence
110:	RUN, JUMP AND SKIP; Lesson 4: "Fair Play"; Substance Abuse/Violence Prevention Portfolio 4: Practicing the Conflict Resolution Steps; Reinforcement Activity 18, 19

**782. MENTAL AND EMOTIONAL WELLNESS.**

Standard - The student will:	The Great Body Shop Lessons, Homework, Substance Abuse/Violence Prevention Portfolios & Reinforcement Activities listed below address accountability standards under No Child Left Behind, Safe and Drug Free Schools
01. Understand and demonstrate the key components to positive mental and emotional health.	<p>101: LOOK OUT!; Substance Abuse/Violence Prevention Portfolio 1: Gun Safety; Reinforcement Activities 11</p> <p>101: LOOK OUT!; Lesson 4: "Who Knows the Rules?"; Reinforcement Activities 24, 27, 28, 29</p> <p>102: HEAD TO TOE; Lesson 4: "My Body is Extra Special"; Homework 4: I Am Unique &amp; So Are You!; Substance Abuse/Violence Prevention Portfolio 4: "Respecting Differences in Different People"; Reinforcement Activity 18, 23, 25, 28</p> <p>104: ALL ABOUT MEDICINES; Reinforcement Activities 6, 20</p> <p>105: TALK AND LISTEN; Lesson 2: "We Talk and Listen"; Substance Abuse/Violence Prevention Portfolio 2: Avoiding a Fight</p> <p>105: TALK AND LISTEN; Lesson 3: "People Talk In Many Ways"; Homework 3: What is Tito Saying?; Substance Abuse/Violence Prevention Portfolio 3: Uncomfortable Situation; Reinforcement Activities 12, 13, 14</p> <p>105: TALK AND LISTEN; Substance Abuse/Violence Prevention Portfolio 4: What Do I Do; Reinforcement Activity 17</p> <p>106: HAPPY, SAD, AND IN-BETWEEN; Lesson 1: "We Have Many Feelings"; Substance Abuse/Violence Prevention Portfolio 1: "Responding to an Angry Friend"; Reinforcement Activities 1, 2, 3, 4, 5, 6</p> <p>106: HAPPY, SAD AND IN BETWEEN; Lesson 2: "Talking Helps Me Feel Better"; Homework 2: Doing Something Nice; Substance Abuse/Violence Prevention Portfolio 2: Positive Ways to Release Anger; Reinforcement Activities 7, 8, 9, 10, 11</p> <p>106: HAPPY, SAD AND IN BETWEEN; Lesson 3: "Cool Dude Gets Mad"; Homework 3: Chasing the Blues Away; Substance Abuse/Violence Prevention Portfolio 3: How to React to Someone Who Makes You Mad; Reinforcement Activities 12, 13, 14, 15, 16, 17</p> <p>106: HAPPY, SAD AND IN BETWEEN; Lesson 4: "My Body is Private"; Homework 4: Happy, Sad and In-Between Review; Reinforcement Activity 19</p> <p>107: DRUGS ARE DUMB; Reinforcement Activities 4, 5, 8, 9; Lesson 4: "Safe and Strong"; Reinforcement Activities 15, 16, 17, 18, 21, 22</p> <p>108: GET WELL SOON; Homework 3: What Can We Do?; Reinforcement Activity 10, 11</p>

	<p>108: GET WELL SOON; Substance Abuse/Violence Prevention Portfolio 4: The Importance of Laws and Rules; Reinforcement Activities 17, 18</p> <p>109: HOW I BREATHE; Lesson 2: "Don't Hurt Your Lungs"; Substance Abuse/Violence Prevention Portfolio 2: Making Healthful Decisions About Smoking ; Reinforcement Activities 7</p> <p>109: HOW I BREATHE; Substance Abuse/Violence Prevention Portfolio 4: Using Breathing Exercise to Control Your Temper</p> <p>110: RUN, JUMP AND SKIP; Substance Abuse/Violence Prevention Portfolio 2: My Best Effort to Stop Drugs and Violence; Reinforcement Activity 11</p> <p>110: RUN, JUMP AND SKIP; Lesson 3: "Getting Better All the Time"; Substance Abuse/Violence Prevention Portfolio: Our Goal - No Drugs and No Violence</p> <p>110: RUN, JUMP AND SKIP; Lesson 4: "Fair Play"; Substance Abuse/Violence Prevention Portfolio 4: Practicing the Conflict Resolution Steps; Reinforcement Activity 18, 19</p>
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**783. -- 785. (RESERVED).**

**786. HEALTH STANDARDS - GRADE 2, SECTIONS 787 THROUGH 791.**

The samples associated with the content standards are meant to illustrate meaning and to represent possible areas of applications. They are not intended to be an exhaustive list, but are samples of applications that would demonstrate learning.

**787. HEALTHY LIFESTYLES.**

<b>Standard - The student will:</b>	<b>The Great Body Shop Lessons, Homework, Substance Abuse/Violence Prevention Portfolios &amp; Reinforcement Activities listed below address accountability standards under No Child Left Behind, Safe and Drug Free Schools</b>
<b>01. Acquire the essential skills to lead a healthy life.</b>	<p>201: LET'S STAY SAFE; Substance Abuse/Violence Prevention Portfolio 1: Safe Decisions; Reinforcement Activity 3</p> <p>201: LET'S STAY SAFE; Lesson 2: "Community Harm Prevention Rules and Laws"; Homework 2: My Safe Environment; Substance Abuse/Violence Prevention Portfolio 2: Smoking in Public Places; Reinforcement Activities 5, 6, 7, 8</p> <p>201: LET'S STAY SAFE; Lesson 3: "Handling Common Emergencies"; Homework 3: Matching Emergency Helpers; Substance Abuse/Violence Prevention Portfolio 3: How to Help Yourself When You Are Alone; Reinforcement Activities 11, 17</p> <p>201: LET'S STAY SAFE; Lesson 4; "I Don't Hurt You; You Don't Hurt Me"; Homework 4: Let's Think About TV; Substance Abuse/Violence Prevention Portfolio 4: "Say 'No!' Violence" Poster; Reinforcement Activities 18, 19, 20, 21, 22</p>

202:	HOW YOU THINK; Substance Abuse/Violence Prevention Portfolio 1: Decision Making
202:	HOW YOU THINK; Lesson 2: "Using Your Brain"; Substance Abuse/Violence Prevention Portfolio 2: Many Different Ways People Can Be Smart; Reinforcement Activity 6
202:	HOW YOU THINK; Lesson 3: "Think About Thinking"; Homework 3: Customs in My Family; Substance Abuse/Violence Prevention Portfolio 3: Using Refusal Skills; Reinforcement Activities 13, 14, 15, 18
202:	HOW YOU THINK; Lesson 4: "Take Care of Your Brain"; Homework 4: I Can Protect My Brain; Substance Abuse/Violence Prevention Portfolio 4: I Can Help Protect My Brain
203:	THE WIDE WORLD OF FOOD; Substance Abuse/Violence Prevention Portfolio 1: Identifying Illegal Substances in Ads; Reinforcement Activity 1
203:	THE WIDE WORLD OF FOOD; Substance Abuse/Violence Prevention Portfolio 2: Health Eating vs. Alcohol Abuse; Reinforcement Activities 8, 9
203:	THE WIDE WORLD OF FOOD; Substance Abuse/Violence Prevention Portfolio 3: Following Laws to Keep the Community Safe;
203:	THE WIDE WORLD OF FOOD; Lesson 4: "The Importance of a Good Breakfast"; Substance Abuse/Violence Prevention Portfolio 4: A Multicultural Breakfast; Reinforcement Activity 16, 21
204:	YOUR HEART, SMALL BUT STRONG; Substance Abuse/Violence Prevention Portfolio 1: Healthful Decisions for Your Heart;
204:	YOUR HEART, SMALL BUT STRONG; Substance Abuse/Violence Prevention Portfolio 2: Say "No!" to Smoking
204:	YOUR HEART, SMALL BUT STRONG; Lesson 3: "Heart Problems and Heart Helpers"; Substance Abuse/Violence Prevention Portfolio 3: The Dangers of Smoking; Reinforcement Activity 11
204:	YOUR HEART, SMALL BUT STRONG; Lesson 4: "Have a Heart"; Homework 4: Helping the Community; Substance Abuse/Violence Prevention Portfolio 4: Resolving Conflicts Without Violence; Reinforcement Activities 16, 18
205:	WHEN I FEEL AFRAID; Lesson 1: "Understanding and Coping With Common Fears"; Homework 1: Writing a Story; Substance Abuse/Violence Prevention Portfolio 1: The Bully; Reinforcement Activities 1- 6
205:	WHEN I FEEL AFRAID; Lesson 2: "How Being Afraid Affects Your Body"; Homework 2: Interview a Family Member About Fear; Substance Abuse/Violence Prevention Portfolio 2: Stranger in a Car; Reinforcement Activities 7, 8, 9, 10, 11

	205: WHEN I FEEL AFRAID; Lesson 3: "Recognizing Real Dangers--When It's Smart to be Afraid"; Homework 3: What Should I Do? Whom Should I Call?; Substance Abuse/Violence Prevention Portfolio 3: When I Feel Afraid; Reinforcement Activities 12, 13, 14, 15, 16, 17, 18
	205: WHEN I FEEL AFRAID; Lesson 4: "Your Body Is Private!"; Homework 4: Permission Slip; Substance Abuse/Violence Prevention Portfolio 4: Child's Bill of Rights; Reinforcement Activities 19, 20, 21, 22, 23
	206: BABIES...AND HOW YOU GREW; Lesson 1: "Growing and Changing"; Substance Abuse/Violence Prevention Portfolio 1: Why Patience Is Important; Reinforcement Activities 3, 5
	206: BABIES...AND HOW YOU GREW; Lesson 2: "Families"; Homework 2: A Card for a Special Family; Substance Abuse/Violence Prevention Portfolio 2: Controlling Anger at a Family Member; Reinforcement Activity 8, 12
	206: BABIES...AND HOW YOU GREW; Substance Abuse/Violence Prevention Portfolio 3: Effects of Alcoholism and Drug Abuse in Families; Reinforcement Activities 14, 15, 16, 17
	206: BABIES...AND HOW YOU GREW; Lesson 4: "I Am Special"; Homework 4: Special People, Every One; Substance Abuse/Violence Prevention Portfolio 4: Effects of Drugs on Our Special Qualities; Reinforcement Activities 18, 20, 21
	207: DRUGS ARE DANGEROUS; Lesson 1: "Do You Know What Drugs Are?"; Homework 1: Changing A Bad Habit; Substance Abuse/Violence Prevention Portfolio 1: Saying "No!" to Drugs Picture; Reinforcement Activities 1, 2, 3, 4, 5, 6
	207: DRUGS ARE DANGEROUS; Lesson 2: Medicines Are Drugs, Too?"; Homework 2: You Mean A Lot To Me; Substance Abuse/Violence Prevention Portfolio 2: Saying "No!" to Medicines Not Meant For You; Reinforcement Activities 7, 8, 9, 10
	207: DRUGS ARE DANGEROUS; Lesson 3: "Drugs Don't Solve Problems"; ?"; Homework 3: Help Joey Find A Friend; Substance Abuse/Violence Prevention Portfolio 3: What We Have Learned About Problem Solving; Reinforcement Activities 11, 12, 13, 14, 15, 16, 17, 18
	207: DRUGS ARE DANGEROUS; Lesson 4: "Drug Free and Safe Communities"; ?"; Homework 4: I Want To Be A Good Citizen; Substance Abuse/Violence Prevention Portfolio 4: A Healthy Me, A Healthy Community Ad; Reinforcement Activities 19, 20, 21, 22
	208: GERMS! THEY MAKE YOU SICK"; Substance Abuse/Violence Prevention Portfolio 1: Risky Situations; Substance Abuse/Violence Prevention Portfolio 2: Staying Drug Free Rhymes; Substance Abuse/Violence Prevention Portfolio 3: Practice Applying Refusal Skills; Substance Abuse/Violence Prevention Portfolio 4: Importance of Laws in Our Community; Reinforcement Activity 20 (Optional Section)
	209: ME AND MY SKIN; Substance Abuse/Violence Prevention Portfolio 1: Avoiding Things That Can Damage

	<p>Your Skin</p> <p>209: ME AND MY SKIN; Substance Abuse/Violence Prevention Portfolio 2: The Effects of Smoking On the Skin; Reinforcement Activity 10</p> <p>209: ME AND MY SKIN; Lesson 3: "It's The Skin That I'm In"; Homework 3: Mysterious Me; Substance Abuse/Violence Prevention Portfolio 3: A Poster Advocating Racial Acceptance; Reinforcement Activities 12, 13</p> <p>209: ME AND MY SKIN; Substance Abuse/Violence Prevention Portfolio 4: Respecting People With Physical Differences</p> <p>210: MUSCLES IN MOTION; Substance Abuse/Violence Prevention Portfolio 1: Substance Abuse or Violence? Substance Abuse/Violence Prevention Portfolio 2: Best Work for Peaceful Time; Substance Abuse/Violence Prevention Portfolio 3: No Drugs and No Violence</p> <p>210: MUSCLES IN MOTION; Lesson 4: "What Can Go Wrong?"; Substance Abuse/Violence Prevention Portfolio 4: Role Plays to Practice Violence Prevention Skills</p>
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**788. RISK-TAKING BEHAVIOR.**

<b>Standard - The student will:</b>	<b>The Great Body Shop Lessons, Homework, Substance Abuse/Violence Prevention Portfolios &amp; Reinforcement Activities listed below address accountability standards under No Child Left Behind, Safe and Drug Free Schools</b>
<b>01. Demonstrate the ability to practice health-enhancing behaviors and reduce health risks.</b>	All lessons, homework, portfolio and reinforcement activities listed above also meet this standard.

**789. COMMUNICATION SKILLS FOR HEALTHY RELATIONSHIPS.**

<b>Standard - The student will:</b>	<b>The Great Body Shop Lessons, Homework, Substance Abuse/Violence Prevention Portfolios &amp; Reinforcement Activities listed below address accountability standards under No Child Left Behind, Safe and Drug Free Schools</b>
<b>01. Demonstrate the ability to use communication skills to enhance health.</b>	<p>201: LET'S STAY SAFE; Reinforcement Activity 3</p> <p>201: LET'S STAY SAFE; Lesson 2: "Community Harm Prevention Rules and Laws"; Reinforcement Activities 5, 6</p> <p>201: LET'S STAY SAFE; Reinforcement Activities 11, 17</p> <p>201: LET'S STAY SAFE; Lesson 4: "I Don't Hurt You; You Don't Hurt Me"; Homework 4: Let's Think About TV; Substance Abuse/Violence Prevention Portfolio 4: "Say 'No!' Violence" Poster; Reinforcement Activities 18, 20, 21</p> <p>202: HOW YOU THINK; Substance Abuse/Violence Prevention Portfolio 1: Decision Making; Substance</p>

	Abuse/Violence Prevention Portfolio 2: Many Different Ways People Can Be Smart;
202:	HOW YOU THINK; Lesson 3: "Think About Thinking"; Homework 3: Customs in My Family; Substance Abuse/Violence Prevention Portfolio 3: Using Refusal Skills; Reinforcement Activities 14, 15, 18
202:	HOW YOU THINK; Lesson 4: "Take Care of Your Brain"; Homework 4: I Can Protect My Brain; Substance Abuse/Violence Prevention Portfolio 4: I Can Help Protect My Brain
203:	THE WIDE WORLD OF FOOD; Substance Abuse/Violence Prevention Portfolio 1: Identifying Illegal Substances in Ads; Reinforcement Activity 9
203:	THE WIDE WORLD OF FOOD; Substance Abuse/Violence Prevention Portfolio 3: Following Laws to Keep the Community Safe; Substance Abuse/Violence Prevention Portfolio 4: A Multicultural Breakfast; Reinforcement Activity 21
204:	YOUR HEART, SMALL BUT STRONG; Substance Abuse/Violence Prevention Portfolio 2: Say "No!" to Smoking
204:	YOUR HEART, SMALL BUT STRONG; Lesson 3: "Heart Problems and Heart Helpers"; Substance Abuse/Violence Prevention Portfolio 3: The Dangers of Smoking; Reinforcement Activity 11
204:	YOUR HEART, SMALL BUT STRONG; Lesson 4: "Have a Heart"; Homework 4: Helping the Community; Substance Abuse/Violence Prevention Portfolio 4: Resolving Conflicts Without Violence; Reinforcement Activities 16, 18
205:	WHEN I FEEL AFRAID; Lesson 1: "Understanding and Coping With Common Fears"; Homework 1: Writing a Story; Substance Abuse/Violence Prevention Portfolio 1: The Bully; Reinforcement Activities 1, 2, 3, 4, 6
205:	WHEN I FEEL AFRAID; Homework 2: Interview a Family Member About Fear; Substance Abuse/Violence Prevention Portfolio 2: Stranger in a Car; Reinforcement Activities 7, 8, 9, 11,
205:	WHEN I FEEL AFRAID; Homework 3: What Should I Do? Whom Should I Call?; Substance Abuse/Violence Prevention Portfolio 3: When I Feel Afraid; Reinforcement Activities 13, 14, 15, 16, 17, 18
205:	WHEN I FEEL AFRAID; Substance Abuse/Violence Prevention Portfolio 4: Child's Bill of Rights; Reinforcement Activities 21, 22, 23
206:	BABIES...AND HOW YOU GREW; Lesson 1: "Growing and Changing"; Substance Abuse/Violence Prevention Portfolio 1: Why Patience Is Important
206:	BABIES...AND HOW YOU GREW; Homework 2: A Card for a Special Family; Substance Abuse/Violence Prevention Portfolio 2: Controlling Anger at a Family Member; Reinforcement Activities 8, 12



	206: BABIES...AND HOW YOU GREW; Substance Abuse/Violence Prevention Portfolio 3: Effects of Alcoholism and Drug Abuse in Families; Reinforcement Activities 14, 15, 17
	206: BABIES...AND HOW YOU GREW; Lesson 4: "I Am Special"; Homework 4: Special People, Every One; Substance Abuse/Violence Prevention Portfolio 4: Effects of Drugs on Our Special Qualities; Reinforcement Activities 18, 20
	207: DRUGS ARE DANGEROUS; Reinforcement Activity 4, 6
	207: DRUGS ARE DANGEROUS; Homework 2: You Mean A Lot To Me; Substance Abuse/Violence Prevention Portfolio 2: Saying "No!" to Medicines Not Meant For You; Reinforcement Activity 8
	207: DRUGS ARE DANGEROUS; Lesson 3: "Drugs Don't Solve Problems"; ?"; Homework 3: Help Joey Find A Friend; Substance Abuse/Violence Prevention Portfolio 3: What We Have Learned About Problem Solving; Reinforcement Activities 12, 13, 14, 15, 16, 17, 18
	207: DRUGS ARE DANGEROUS; Lesson 4: "Drug Free and Safe Communities"; ?"; Homework 4: I Want To Be A Good Citizen; Substance Abuse/Violence Prevention Portfolio 4: A Healthy Me, A Healthy Community Ad; Reinforcement Activity 20
	208: GERMS! THEY MAKE YOU SICK"; Substance Abuse/Violence Prevention Portfolio 1: Risky Situations; Substance Abuse/Violence Prevention Portfolio 2: Staying Drug Free Rhymes; Substance Abuse/Violence Prevention Portfolio 3: Practice Applying Refusal Skills; Substance Abuse/Violence Prevention Portfolio 4: Importance of Laws in Our Community; Reinforcement Activity 20 (Optional Section)
	209: ME AND MY SKIN; Substance Abuse/Violence Prevention Portfolio 1: Avoiding Things That Can Damage Your Skin
	209: ME AND MY SKIN; Substance Abuse/Violence Prevention Portfolio 2: The Effects of Smoking On the Skin; Reinforcement Activity 9
	209: ME AND MY SKIN; Homework 3: Mysterious Me; Substance Abuse/Violence Prevention Portfolio 3: A Poster Advocating Racial Acceptance; Reinforcement Activity 12
	209: ME AND MY SKIN; Substance Abuse/Violence Prevention Portfolio 4: Respecting People With Physical Differences
	210: MUSCLES IN MOTION; Substance Abuse/Violence Prevention Portfolio 2: Best Work for Peaceful Time; Substance Abuse/Violence Prevention Portfolio 3: No Drugs and No Violence; Substance Abuse/Violence Prevention Portfolio 4: Role Plays to Practice Violence Prevention Skills

**790. CONSUMER HEALTH.**

Standard - The student will:	The Great Body Shop Lessons, Homework, Substance Abuse/Violence Prevention Portfolios & Reinforcement Activities listed below address accountability standards under No Child Left Behind, Safe and Drug Free Schools
01. Organize, analyze, and apply health information practices and services appropriate for individual needs.	<p>201: LET'S STAY SAFE; Lesson 3: "Handling Common Emergencies"; Homework 3: Matching Emergency Helpers; Reinforcement Activity 17</p> <p>202: HOW YOU THINK; Lesson 3: "Think About Thinking"</p> <p>203: THE WIDE WORLD OF FOOD; Substance Abuse/Violence Prevention Portfolio 1: Identifying Illegal Substances in Ads; Substance Abuse/Violence Prevention Portfolio 3: Following Laws to Keep the Community Safe</p> <p>204: YOUR HEART, SMALL BUT STRONG; Substance Abuse/Violence Prevention Portfolio 1: Healthful Decisions for Your Heart; Substance Abuse/Violence Prevention Portfolio 2: Say "No!" to Smoking</p> <p>204: YOUR HEART, SMALL BUT STRONG; Lesson 3: "Heart Problems and Heart Helpers"; Substance Abuse/Violence Prevention Portfolio 3: The Dangers of Smoking; Reinforcement Activity 11</p> <p>204: YOUR HEART, SMALL BUT STRONG; Lesson 4: "Have a Heart"; Homework 4: Helping the Community; Reinforcement Activity 18</p> <p>205: WHEN I FEEL AFRAID; Lesson 1: "Understanding and Coping With Common Fears"; Substance Abuse/Violence Prevention Portfolio 1: The Bully; Reinforcement Activities 2, 4, 11</p> <p>205: WHEN I FEEL AFRAID; Lesson 3: "Recognizing Real Dangers--When It's Smart to be Afraid"; Homework 3: What Should I Do? Whom Should I Call?; Substance Abuse/Violence Prevention Portfolio 3: When I Feel Afraid; Reinforcement Activities 12, 13, 15</p> <p>205: WHEN I FEEL AFRAID; Lesson 4: "Your Body Is Private!"; Homework 4: Permission Slip; Reinforcement Activities 20, 21</p> <p>207: DRUGS ARE DANGEROUS; Reinforcement Activities 3</p> <p>207: DRUGS ARE DANGEROUS; Lesson 2: "Medicines Are Drugs, Too"; Homework 2: You Mean A Lot To Me; Reinforcement Activities 7, 8, 9</p> <p>207: DRUGS ARE DANGEROUS; Lesson 3: "Drugs Don't Solve Problems"; Homework 3: Help Joey Find A Friend; Substance Abuse/Violence Prevention Portfolio 3: What We Have Learned About Problem Solving; Reinforcement Activities 13, 15</p> <p>207: DRUGS ARE DANGEROUS; Lesson 4: "Drug Free and Safe Communities"; Homework 4: I Want To Be A Good Citizen; Substance Abuse/Violence Prevention Portfolio 4: A Healthy Me, A Healthy Community Ad;</p>

	<p>Reinforcement Activities 19, 22</p> <p>208: GERMS! THEY MAKE YOU SICK"; Substance Abuse/Violence Prevention Portfolio 1: Risky Situations; Substance Abuse/Violence Prevention Portfolio 3: Practice Applying Refusal Skills; Substance Abuse/Violence Prevention Portfolio 4: Importance of Laws in Our Community</p> <p>209: ME AND MY SKIN; Substance Abuse/Violence Prevention Portfolio 1: Avoiding Things That Can Damage Your Skin</p> <p>209: ME AND MY SKIN; Substance Abuse/Violence Prevention Portfolio 2: The Effects of Smoking On the Skin; Reinforcement Activity 10</p> <p>209: ME AND MY SKIN; Lesson 3: "It's The Skin That I'm In"; Homework 3: Mysterious Me; Substance Abuse/Violence Prevention Portfolio 3: A Poster Advocating Racial Acceptance; Reinforcement Activities 12, 13</p> <p>209: ME AND MY SKIN; Substance Abuse/Violence Prevention Portfolio 4: Respecting People With Physical Differences</p> <p>210: MUSCLES IN MOTION; Substance Abuse/Violence Prevention Portfolio 4: Role Plays to Practice Violence Prevention Skills</p>
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**791. MENTAL AND EMOTIONAL WELLNESS.**

<b>Standard - The student will:</b>	<b>The Great Body Shop Lessons, Homework, Substance Abuse/Violence Prevention Portfolios &amp; Reinforcement Activities listed below address accountability standards under No Child Left Behind, Safe and Drug Free Schools</b>
01. Understand and demonstrate the key components to positive mental and emotional health.	<p>201: LET'S STAY SAFE; Substance Abuse/Violence Prevention Portfolio 1: Safe Decisions; Reinforcement Activity 3</p> <p>201: LET'S STAY SAFE; Lesson 2: "Community Harm Prevention Rules and Laws"</p> <p>201: LET'S STAY SAFE; Lesson 3: "Handling Common Emergencies"; Substance Abuse/Violence Prevention Portfolio 3: How to Help Yourself When You Are Alone; Reinforcement Activities 11, 17</p> <p>201: LET'S STAY SAFE; Lesson 4; "I Don't Hurt You; You Don't Hurt Me"; Homework 4: Let's Think About TV; Substance Abuse/Violence Prevention Portfolio 4: "Say 'No!' Violence" Poster; Reinforcement Activities 18, 19, 20, 21</p> <p>202: HOW YOU THINK; Substance Abuse/Violence Prevention Portfolio 1: Decision Making</p> <p>202: HOW YOU THINK; Lesson 2: "Using Your Brain"; Substance Abuse/Violence Prevention Portfolio 2: Many Different Ways People Can Be Smart; Reinforcement Activity 6</p>

	202: HOW YOU THINK; Lesson 3: "Think About Thinking"; Homework 3: Customs in My Family; Substance Abuse/Violence Prevention Portfolio 3: Using Refusal Skills; Reinforcement Activities 13, 18
	202: HOW YOU THINK; Lesson 4: "Take Care of Your Brain"; Homework 4: I Can Protect My Brain; Substance Abuse/Violence Prevention Portfolio 4: I Can Help Protect My Brain
	203: THE WIDE WORLD OF FOOD; Reinforcement Activity 1
	203: THE WIDE WORLD OF FOOD; Substance Abuse/Violence Prevention Portfolio 3: Following Laws to Keep the Community Safe
	203: THE WIDE WORLD OF FOOD; Lesson 4: "The Importance of a Good Breakfast"; Substance Abuse/Violence Prevention Portfolio 4: A Multicultural Breakfast; Reinforcement Activity 16,18
	204: YOUR HEART, SMALL BUT STRONG; Substance Abuse/Violence Prevention Portfolio 1: Healthful Decisions for Your Heart;
	204: YOUR HEART, SMALL BUT STRONG; Lesson 3: "Heart Problems and Heart Helpers"; Reinforcement Activity 11
	204: YOUR HEART, SMALL BUT STRONG; Lesson 4: "Have a Heart"; Homework 4: Helping the Community; Substance Abuse/Violence Prevention Portfolio 4: Resolving Conflicts Without Violence; Reinforcement Activities 16, 18
	205: WHEN I FEEL AFRAID; Lesson 1: "Understanding and Coping With Common Fears"; Homework 1: Writing a Story; Substance Abuse/Violence Prevention Portfolio 1: The Bully; Reinforcement Activities 1, 2, 3, 4, 5
	205: WHEN I FEEL AFRAID; Lesson 2: "How Being Afraid Affects Your Body"; Homework 2: Interview a Family Member About Fear; Substance Abuse/Violence Prevention Portfolio 2: Stranger in a Car; Reinforcement Activities 8, 9, 10, 11
	205: WHEN I FEEL AFRAID; Lesson 3: "Recognizing Real Dangers--When It's Smart to be Afraid"; Homework 3: What Should I Do? Whom Should I Call?; Substance Abuse/Violence Prevention Portfolio 3: When I Feel Afraid; Reinforcement Activities 12, 13, 15
	205: WHEN I FEEL AFRAID; Lesson 4: "Your Body Is Private!"; Homework 4: Permission Slip; Substance Abuse/Violence Prevention Portfolio 4: Child's Bill of Rights; Reinforcement Activities 19, 20, 21, 22, 23
	206: BABIES...AND HOW YOU GREW; Lesson 1: "Growing and Changing"; Substance Abuse/Violence Prevention Portfolio 1: Why Patience Is Important; Reinforcement Activities 3, 5
	206: BABIES...AND HOW YOU GREW; Lesson 2: "Families"; Homework 2: A Card for a Special Family;

	Substance Abuse/Violence Prevention Portfolio 2: Controlling Anger at a Family Member; Reinforcement Activity 8, 12
206:	BABIES...AND HOW YOU GREW; Substance Abuse/Violence Prevention Portfolio 3: Effects of Alcoholism and Drug Abuse in Families; Reinforcement Activities 14, 15
206:	BABIES...AND HOW YOU GREW; Lesson 4: "I Am Special"; Homework 4: Special People, Every One; Substance Abuse/Violence Prevention Portfolio 4: Effects of Drugs on Our Special Qualities; Reinforcement Activities 18, 20, 21
207:	DRUGS ARE DANGEROUS; Substance Abuse/Violence Prevention Portfolio 2: Saying "No!" to Medicines Not Meant For You; Reinforcement Activities 10
207:	DRUGS ARE DANGEROUS; Lesson 3: "Drugs Don't Solve Problems"; Homework 3: Help Joey Find A Friend; Substance Abuse/Violence Prevention Portfolio 3: What We Have Learned About Problem Solving; Reinforcement Activities 12, 13, 14, 15, 16, 17, 18
207:	DRUGS ARE DANGEROUS; Lesson 4: "Drug Free and Safe Communities"; Homework 4: I Want To Be A Good Citizen; Substance Abuse/Violence Prevention Portfolio 4: A Healthy Me, A Healthy Community Ad; Reinforcement Activities 19, 20, 21
208:	GERMS! THEY MAKE YOU SICK"; Substance Abuse/Violence Prevention Portfolio 1: Risky Situations; Substance Abuse/Violence Prevention Portfolio 3: Practice Applying Refusal Skills; Substance Abuse/Violence Prevention Portfolio 4: Importance of Laws in Our Community
209:	ME AND MY SKIN; Substance Abuse/Violence Prevention Portfolio 1: Avoiding Things That Can Damage Your Skin
209:	ME AND MY SKIN; Lesson 3: "It's The Skin That I'm In"; Substance Abuse/Violence Prevention Portfolio 3: A Poster Advocating Racial Acceptance; Reinforcement Activities 12, 13
209:	ME AND MY SKIN; Substance Abuse/Violence Prevention Portfolio 4: Respecting People With Physical Differences
210:	MUSCLES IN MOTION; Substance Abuse/Violence Prevention Portfolio 1: Substance Abuse or Violence? Substance Abuse/Violence Prevention Portfolio 2: Best Work for Peaceful Time; Substance Abuse/Violence Prevention Portfolio 3: No Drugs and No Violence
210:	MUSCLES IN MOTION; Lesson 4: "What Can Go Wrong?"; Substance Abuse/Violence Prevention Portfolio 4: Role Plays to Practice Violence Prevention Skills

792. -- 794. (RESERVED).

**795. HEALTH STANDARDS - GRADE 3, SECTIONS 796 THROUGH 800.**

The samples associated with the content standards are meant to illustrate meaning and to represent possible areas of applications. They are not intended to be an exhaustive list, but are samples of applications that would demonstrate learning.

**796. HEALTHY LIFESTYLES.**

Standard - The student will:	The Great Body Shop Lessons, Homework, Substance Abuse/Violence Prevention Portfolios & Reinforcement Activities listed below address accountability standards under No Child Left Behind, Safe and Drug Free Schools
<b>01. Acquire the essential skills to lead a healthy life.</b>	<p>301: SAFE AT HOME, SAFE AWAY; Homework 1: Household Poisons; Substance Abuse/Violence Prevention Portfolio 1: Following the Gun Safety Rule; Reinforcement Activities 2, 3, 6</p> <p>301: SAFE AT HOME, SAFE AWAY; Substance Abuse/Violence Prevention Portfolio 2: Ad About Smoking As A Fire Hazard; Reinforcement Activities 7, 8, 9, 13, 14</p> <p>301: SAFE AT HOME, SAFE AWAY; Lesson 3: "Take Actions"; Homework 3: Community Safety Problems and Solutions; Substance Abuse/Violence Prevention Portfolio 3: Creating A PSA; Reinforcement Activities 15, 16, 17, 21</p> <p>301: SAFE AT HOME, SAFE AWAY; Lesson 4: "Say "No!" to Danger"; Homework 4: Saying "No" And Predicting Consequences; Substance Abuse/Violence Prevention Portfolio 4: Goals for Using Refusal Skills; Reinforcement Activities 23, 24, 25, 26, 27</p> <p>302: THE BETTER TO SEE YOU WITH; Substance Abuse/Violence Prevention Portfolio 1: Eye Injuries From Fighting</p> <p>302: THE BETTER TO SEE YOU WITH; Lesson 2: "What Do We Really "See?"; Substance Abuse/Violence Prevention Portfolio 2: The Different Ways We See Things; Reinforcement Activities 9, 10, 12, 14</p> <p>302: THE BETTER TO SEE YOU WITH; Substance Abuse/Violence Prevention Portfolio 3: What It's Like to Have Vision Problems; Reinforcement Activity 15</p> <p>302: THE BETTER TO SEE YOU WITH; Substance Abuse/Violence Prevention Portfolio 4: Protecting Your Eyes; Reinforcement Activity 22</p> <p>303: LET'S EAT; Substance Abuse/Violence Prevention Portfolio 1: Effects of Alcohol on the Brain; Substance Abuse/Violence Prevention Portfolio 2: Influences Which Affect Eating Habits; Reinforcement Activities 7, 10, 11</p> <p>303: LET'S EAT; Substance Abuse/Violence Prevention Portfolio 3: Ads To The Rescue; Substance Abuse/Violence Prevention Portfolio 4: Healthful Habits and Goals; Reinforcement Activities 19, 20</p>

	304: COMMUNITY HEALTH; Lesson 1: "Your Community--Keep It Safe"; Homework 1: Who's Hurting the Community; Substance Abuse/Violence Prevention Portfolio 1: TV vs. Real-Life Violence; Reinforcement Activities 1, 2, 3, 4
	304: COMMUNITY HEALTH; Lesson 2: "Your Community--Keep It Healthy"; Homework 2: A Family Project; Substance Abuse/Violence Prevention Portfolio 2: "Neighborhood Watch" Groups; Reinforcement Activities 5, 6, 7
	304: COMMUNITY HEALTH; Substance Abuse/Violence Prevention Portfolio 3: Smoking Is A Pollution Problem
	304: COMMUNITY HEALTH; Lesson 4: "Your Community-- Keep It Drug and Violence Free"; Homework 4: A Drug-Free Pledge; Substance Abuse/Violence Prevention Portfolio 4: Community Members Who Help Prevent Violence; Reinforcement Activities 15, 16, 18, 19, 21
	305: I LIKE YOUR ATTITUDE; Lesson 1: "Attitudes, Values, & Goals"; Homework 1: A Special Introduction; Substance Abuse/Violence Prevention Portfolio 1: Values Conflict; Reinforcement Activities 2, 3, 4, 5, 6, 7
	305: I LIKE YOUR ATTITUDE; Lesson 2: "How Attitudes Affect Your Actions"; Substance Abuse/Violence Prevention Portfolio 2: Stick to Your Values; Reinforcement Activities 8, 9, 10, 11, 12, 13
	305: I LIKE YOUR ATTITUDE; Lesson 3: "Improving Your Attitude"; Homework 3: Dear Parents; Substance Abuse/Violence Prevention Portfolio 3: Playground Disputes; Reinforcement Activities 15, 17, 18, 19
	305: I LIKE YOUR ATTITUDE; Lesson 4: "Attitudes at Home, School, and the Community"; Homework 4: Attitudes; Substance Abuse/Violence Prevention Portfolio 4: A Peaceful Community; Reinforcement Activities 20, 21, 23, 24, 25
	306: MY FAMILY, YOUR FAMILY; Lesson 1: "All About Families" ; Substance Abuse/Violence Prevention Portfolio 1: Family Picture Web; Reinforcement Activities 4, 5, 6
	306: MY FAMILY, YOUR FAMILY; Lesson 2: "Genes--What They Are and What They Do"; Homework 2: Family Heritage; Substance Abuse/Violence Prevention Portfolio 2: Dealing with Discrimination; Reinforcement Activities 8, 12, 13, 14
	306: MY FAMILY, YOUR FAMILY; Lesson 3: "A Very Special Person-Me"; Homework 3: "R-E-S-P-E-C-T" Substance Abuse/Violence Prevention Portfolio 3; I Am Someone Special; Reinforcement Activities 16, 17, 18, 19
	306: MY FAMILY, YOUR FAMILY; Lesson 4: "Personal Safety"; Homework 4: "I Promise..."; Substance Abuse/Violence Prevention Portfolio 4: Different Ways to Say "No!"; Reinforcement Activities 20, 21, 22

	307: SAYING "NO!" TO SMOKING, DRINKING AND DRUGS; Lesson 1: "Saying 'NO!' to Smoking, Drinking and Drugs"; Homework 1: Body Zappers; Substance Abuse/Violence Prevention Portfolio 1: Drug Knowledge; Reinforcement Activities 1, 2, 3, 4, 5, 6, 7
	307: SAYING "NO!" TO SMOKING DRINKING AND DRUGS; Lesson 2: "Drugs and the Law"; Homework 2: Family Rules for Health Values; Substance Abuse/Violence Prevention Portfolio 2: Laws for Our Country; Reinforcement Activities 8, 10, 11,12
	307: SAYING "NO!" TO SMOKING DRINKING AND DRUGS; Lesson 3: "Addiction"; Homework 3: Health Values & Family Plan of Action; Substance Abuse/Violence Prevention Portfolio 3: Blue Ribbon Awards for Positive Values; Reinforcement Activities 13, 14, 15, 16, 17, 18
	307: SAYING "NO!" TO SMOKING DRINKING AND DRUGS; Lesson 4: "Build That Skill"; Substance Abuse/Violence Prevention Portfolio 4: Before And After; Reinforcement Activities 19, 20, 21, 22, 23, 24
	308: THINGS YOU MIGHT CATCH; Substance Abuse/Violence Prevention Portfolio 1: Substance Abuse and Communicable Illnesses
	308: THINGS YOU MIGHT CATCH; Lesson 2: "Fighting Diseases – Optional Section on AIDS/HIV" Substance Abuse/Violence Prevention Portfolio 2: Substance Abuse and The Body's Defense;
	308: THINGS YOU MIGHT CATCH; Substance Abuse/Violence Prevention Portfolio 3: Making Healthy Decisions
	308: THINGS YOU MIGHT CATCH; Lesson 4: "Medicines"; Homework 4: Warning! Medicines Can Be Dangerous!; Substance Abuse/Violence Prevention Portfolio 4: Saying "No!" to Taking Someone Else's Medicine
	309: WHEN BODIES HAVE PROBLEMS; Lesson 1: "Body Problems"; Homework 1: Showing Respect; Substance Abuse/Violence Prevention Portfolio 1: Drugs and Alcohol Can Cause Body Problems; Reinforcement Activities 1, 2
	309: WHEN BODIES HAVE PROBLEMS; Lesson 2: "More about Physical Impairments"; Homework 2: Matthew's Diary; Substance Abuse/Violence Prevention Portfolio 2: Violence Can Cause Physical Impairments; Reinforcement Activities 5, 6, 7
	309: WHEN BODIES HAVE PROBLEMS; Lesson 3: "Living with a Learning Difference"; Substance Abuse/Violence Prevention Portfolio 3: Saying "No!" To Drugs in Different Ways; Reinforcement Activities 9, 10, 11
	309: WHEN BODIES HAVE PROBLEMS; Lesson 4: "Special Needs in the Community"; Homework 4: Community Help For People With Disabilities; Substance Abuse/Violence Prevention Portfolio 4: Feeling



	<p>Good Enough to Say “No”! to Drugs; Reinforcement Activities 15, 17, 18</p> <p>310: FINDING OUT ABOUT BONES; Substance Abuse/Violence Prevention Portfolio 1: My BEST Paper; Reinforcement Activity 6</p> <p>310: FINDING OUT ABOUT BONES; Substance Abuse/Violence Prevention Portfolio 2: Relating Substance Abuse and Violence; Reinforcement Activity 13</p> <p>310: FINDING OUT ABOUT BONES; Substance Abuse/Violence Prevention Portfolio 3: A Plan To Reduce Playground Violence; Reinforcement Activity 17</p> <p>310: FINDING OUT ABOUT BONES; Substance Abuse/Violence Prevention Portfolio 4: Implementing the Playground Plan</p>
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**797. RISK-TAKING BEHAVIOR.**

<b>Standard - The student will:</b>	<b>The Great Body Shop Lessons, Homework, Substance Abuse/Violence Prevention Portfolios &amp; Reinforcement Activities listed below address accountability standards under No Child Left Behind, Safe and Drug Free Schools</b>
<b>01. Demonstrate the ability to practice health-enhancing behaviors and reduce health risks.</b>	All lessons, homework, portfolio and reinforcement activities listed above also meet this standard.

**798. COMMUNICATION SKILLS FOR HEALTHY RELATIONSHIPS.**

<b>Standard - The student will:</b>	<b>The Great Body Shop Lessons, Homework, Substance Abuse/Violence Prevention Portfolios &amp; Reinforcement Activities listed below address accountability standards under No Child Left Behind, Safe and Drug Free Schools</b>
<b>01. Demonstrate the ability to use communication skills to enhance health.</b>	<p>301: SAFE AT HOME, SAFE AWAY; Reinforcement Activities 2</p> <p>301: SAFE AT HOME, SAFE AWAY; Substance Abuse/Violence Prevention Portfolio 2: Ad About Smoking As A Fire Hazard; Reinforcement Activities 8, 14</p> <p>301: SAFE AT HOME, SAFE AWAY; Lesson 3: "Take Actions"; Substance Abuse/Violence Prevention Portfolio 3: Creating A PSA; Reinforcement Activities 15, 16, 17</p> <p>301: SAFE AT HOME, SAFE AWAY; Lesson 4: "Say “No!” to Danger”; Homework 4: Saying “No” And Predicting Consequences; Substance Abuse/Violence Prevention Portfolio 4: Goals for Using Refusal Skills; Reinforcement Activities 24, 25, 26, 27</p> <p>302: THE BETTER TO SEE YOU WITH; Lesson 2: "What Do We Really "See?"; Substance Abuse/Violence Prevention Portfolio 2: The Different Ways We See Things; Reinforcement Activities 9, 10, 12</p> <p>302: THE BETTER TO SEE YOU WITH; Substance Abuse/Violence Prevention Portfolio 3: What It’s Like to</p>

	Have Vision Problems; Reinforcement Activity 15
302:	THE BETTER TO SEE YOU WITH; Substance Abuse/Violence Prevention Portfolio 4: Protecting Your Eyes; Reinforcement Activity 22
303:	LET'S EAT; Substance Abuse/Violence Prevention Portfolio 1: Effects of Alcohol on the Brain; Substance Abuse/Violence Prevention Portfolio 2: Influences Which Affect Eating Habits; Reinforcement Activities 7, 11; Substance Abuse/Violence Prevention Portfolio 3: Ads To The Rescue;
304:	COMMUNITY HEALTH; Lesson 1: "Your Community--Keep It Safe"; Homework 1: Who's Hurting the Community; Substance Abuse/Violence Prevention Portfolio 1: TV vs. Real-Life Violence; Reinforcement Activities 2, 3, 4
304:	COMMUNITY HEALTH; Lesson 2: "Your Community--Keep It Healthy"; Homework 2: A Family Project; Substance Abuse/Violence Prevention Portfolio 2: "Neighborhood Watch" Groups; Reinforcement Activities 5, 6
304:	COMMUNITY HEALTH; Substance Abuse/Violence Prevention Portfolio 3: Smoking Is A Pollution Problem
304:	COMMUNITY HEALTH; Lesson 4: "Your Community-- Keep It Drug and Violence Free"; Homework 4: A Drug-Free Pledge; Substance Abuse/Violence Prevention Portfolio 4: Community Members Who Help Prevent Violence; Reinforcement Activities 15, 16, 18, 19, 21
305:	I LIKE YOUR ATTITUDE; Lesson 1: "Attitudes, Values, & Goals"; Homework 1: A Special Introduction; Substance Abuse/Violence Prevention Portfolio 1: Values Conflict; Reinforcement Activities 3, 4, 5, 6, 7
305:	I LIKE YOUR ATTITUDE; Lesson 2: "How Attitudes Affect Your Actions"; Substance Abuse/Violence Prevention Portfolio 2: Stick to Your Values; Reinforcement Activities 8, 9, 11, 12
305:	I LIKE YOUR ATTITUDE; Lesson 3: "Improving Your Attitude"; Homework 3: Dear Parents; Substance Abuse/Violence Prevention Portfolio 3: Playground Disputes; Reinforcement Activities 15, 17, 18, 19
305:	I LIKE YOUR ATTITUDE; Lesson 4: "Attitudes at Home, School, and the Community"; Homework 4: Attitudes; Substance Abuse/Violence Prevention Portfolio 4: A Peaceful Community; Reinforcement Activities 20, 21, 23, 24
306:	MY FAMILY, YOUR FAMILY; Lesson 1: "All About Families" ; Reinforcement Activities 4, 5
306:	MY FAMILY, YOUR FAMILY; Lesson 2: "Genes--What They Are and What They Do"; Homework 2: Family Heritage; Substance Abuse/Violence Prevention Portfolio 2: Dealing with Discrimination; Reinforcement Activities 12, 13, 14

- 306: MY FAMILY, YOUR FAMILY; Lesson 3: "A Very Special Person-Me"; Homework 3: "R-E-S-P-E-C-T" Substance Abuse/Violence Prevention Portfolio 3; I Am Someone Special; Reinforcement Activities 15, 16
- 306: MY FAMILY, YOUR FAMILY; Lesson 4: "Personal Safety"; Homework 4: "I Promise..."; Substance Abuse/Violence Prevention Portfolio 4; Different Ways to Say "No!"; Reinforcement Activities 19 - 21
- 307: SAYING "NO!" TO SMOKING, DRINKING AND DRUGS; Lesson 1: "Saying 'NO!' to Smoking, Drinking and Drugs"; Homework 1: Body Zappers; Substance Abuse/Violence Prevention Portfolio 1: Drug Knowledge; Reinforcement Activities 1, 3, 5, 6, 7
- 307: SAYING "NO!" TO SMOKING DRINKING AND DRUGS; Lesson 2: "Drugs and the Law"; Homework 2: Family Rules for Health Values; Substance Abuse/Violence Prevention Portfolio 2: Laws for Our Country; Reinforcement Activities 8, 9, 10, 11, 12
- 307: SAYING "NO!" TO SMOKING DRINKING AND DRUGS; Lesson 3: "Addiction"; Homework 3: Health Values & Family Plan of Action; Reinforcement Activities 13 - 18
- 307: SAYING "NO!" TO SMOKING DRINKING AND DRUGS; Lesson 4: "Build That Skill"; Substance Abuse/Violence Prevention Portfolio 4: Before And After; Reinforcement Activities 19 - 24
- 308: THINGS YOU MIGHT CATCH; Substance Abuse/Violence Prevention Portfolio 1: Substance Abuse and Communicable Illnesses
- 308: THINGS YOU MIGHT CATCH; Lesson 2: "Fighting Diseases – Optional Section on AIDS/HIV"
- 308: THINGS YOU MIGHT CATCH; Substance Abuse/Violence Prevention Portfolio 3: Making Healthy Decisions
- 308: THINGS YOU MIGHT CATCH; Lesson 4: "Medicines"; Homework 4: Warning! Medicines Can Be Dangerous!; Substance Abuse/Violence Prevention Portfolio 4: Saying "No!" to Taking Someone Else's Medicine
- 309: WHEN BODIES HAVE PROBLEMS; Lesson 1: "Body Problems"; Homework 1: Showing Respect; Substance Abuse/Violence Prevention Portfolio 1: Drugs and Alcohol Can Cause Body Problems
- 309: WHEN BODIES HAVE PROBLEMS; Lesson 2: "More about Physical Impairments"; Homework 2: Matthew's Diary; Substance Abuse/Violence Prevention Portfolio 2: Violence Can Cause Physical Impairments; Reinforcement Activities 5, 6
- 309: WHEN BODIES HAVE PROBLEMS; Lesson 3: "Living with a Learning Difference"; Substance Abuse/Violence Prevention Portfolio 3: Saying "No!" To Drugs in Different Ways; Reinforcement Activity 10

	<p>309: WHEN BODIES HAVE PROBLEMS; Lesson 4: "Special Needs in the Community"; Homework 4: Community Help For People With Disabilities; Substance Abuse/Violence Prevention Portfolio 4: Feeling Good Enough to Say "No"! to Drugs; Reinforcement Activity 15</p> <p>310: FINDING OUT ABOUT BONES; Reinforcement Activity 6</p> <p>310: FINDING OUT ABOUT BONES; Substance Abuse/Violence Prevention Portfolio 2: Relating Substance Abuse and Violence; Reinforcement Activity 13</p> <p>310: FINDING OUT ABOUT BONES; Substance Abuse/Violence Prevention Portfolio 4: Implementing the Playground Plan</p>
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**799. CONSUMER HEALTH.**

<b>Standard - The student will:</b>	<b>The Great Body Shop Lessons, Homework, Substance Abuse/Violence Prevention Portfolios &amp; Reinforcement Activities listed below address accountability standards under No Child Left Behind, Safe and Drug Free Schools</b>
<b>01. Organize, analyze, and apply health information practices and services appropriate for individual needs.</b>	<p>301: SAFE AT HOME, SAFE AWAY; Homework 1: Household Poisons; Reinforcement Activities 3, 27</p> <p>302: THE BETTER TO SEE YOU WITH; Substance Abuse/Violence Prevention Portfolio 4: Protecting Your Eyes</p> <p>303: LET'S EAT; Substance Abuse/Violence Prevention Portfolio 2: Influences Which Affect Eating Habits; Reinforcement Activity 7; Substance Abuse/Violence Prevention Portfolio 3: Ads To The Rescue</p> <p>304: COMMUNITY HEALTH; Lesson 2: "Your Community--Keep It Healthy"; Reinforcement Activities 5, 6, 7</p> <p>304: COMMUNITY HEALTH; Lesson 4: "Your Community-- Keep It Drug and Violence Free"; Substance Abuse/Violence Prevention Portfolio 4: Community Members Who Help Prevent Violence; Reinforcement Activities 15, 16, 18, 19</p> <p>305: I LIKE YOUR ATTITUDE; Lesson 2: "How Attitudes Affect Your Actions"; Reinforcement Activity 11</p> <p>306: YOUR FAMILY, MY FAMILY; Lesson 4: "Personal Safety"; Reinforcement Activities 19, 20, 21</p> <p>307: SAYING "NO!" TO SMOKING, DRINKING AND DRUGS; Reinforcement Activities 1, 3, 8, 10, 11, 12</p> <p>308: THINGS YOU MIGHT CATCH; Substance Abuse/Violence Prevention Portfolio 4: Saying "No!" to Taking Someone Else's Medicine</p> <p>309: WHEN BODIES HAVE PROBLEMS; Lesson 2: "More about Physical Impairments"; Lesson 4: "Special Needs in the Community"; Homework 4: Community Help For People With Disabilities; Reinforcement Activities 6, 7, 15</p>

**800. MENTAL AND EMOTIONAL WELLNESS.**

Standard - The student will:	The Great Body Shop Lessons, Homework, Substance Abuse/Violence Prevention Portfolios & Reinforcement Activities listed below address accountability standards under No Child Left Behind, Safe and Drug Free Schools
<b>01. Understand and demonstrate the key components to positive mental and emotional health.</b>	301: SAFE AT HOME, SAFE AWAY; Substance Abuse/Violence Prevention Portfolio 2: Ad About Smoking As A Fire Hazard
	301: SAFE AT HOME, SAFE AWAY; Lesson 3: "Take Actions"; Homework 3: Community Safety Problems and Solutions; Substance Abuse/Violence Prevention Portfolio 3: Creating A PSA; Reinforcement Activities 13, 15
	301: SAFE AT HOME, SAFE AWAY; Lesson 4: "Say "No!" to Danger"; Homework 4: Saying "No" And Predicting Consequences; Substance Abuse/Violence Prevention Portfolio 4: Goals for Using Refusal Skills; Reinforcement Activities 23, 24, 25, 26, 27
	302: THE BETTER TO SEE YOU WITH; Lesson 2: "What Do We Really "See?"; Substance Abuse/Violence Prevention Portfolio 2: The Different Ways We See Things; Reinforcement Activities 9, 10, 12, 14
	302: THE BETTER TO SEE YOU WITH; Substance Abuse/Violence Prevention Portfolio 3: What It's Like to Have Vision Problems; Reinforcement Activity 15
	303: LET'S EAT; Substance Abuse/Violence Prevention Portfolio 1: Effects of Alcohol on the Brain; Substance Abuse/Violence Prevention Portfolio 2: Influences Which Affect Eating Habits; Reinforcement Activities 7, 10, 11
	303: LET'S EAT; Substance Abuse/Violence Prevention Portfolio 3: Ads To The Rescue; Substance Abuse/Violence Prevention Portfolio 4: Healthful Habits and Goals; Reinforcement Activities 19, 20
	304: COMMUNITY HEALTH; Lesson 1: "Your Community--Keep It Safe"; Homework 1: Who's Hurting the Community; Substance Abuse/Violence Prevention Portfolio 1: TV vs. Real-Life Violence; Reinforcement Activities 2, 3
	304: COMMUNITY HEALTH; Lesson 2: "Your Community--Keep It Healthy"; Homework 2: A Family Project; Reinforcement Activities 5, 6; Substance Abuse/Violence Prevention Portfolio 3: Smoking Is A Pollution Problem
	304: COMMUNITY HEALTH; Lesson 4: "Your Community-- Keep It Drug and Violence Free"; Homework 4: A Drug-Free Pledge; Substance Abuse/Violence Prevention Portfolio 4: Community Members Who Help Prevent Violence; Reinforcement Activities 15, 16, 19
	305: I LIKE YOUR ATTITUDE; Lesson 1: "Attitudes, Values, & Goals"; Homework 1: A Special Introduction; Substance Abuse/Violence Prevention Portfolio 1: Values Conflict; Reinforcement Activities 2, 3, 4, 5, 7

305:	I LIKE YOUR ATTITUDE; Lesson 2: "How Attitudes Affect Your Actions"; Substance Abuse/Violence Prevention Portfolio 2: Stick to Your Values; Reinforcement Activities 8, 9, 11, 12, 13
305:	I LIKE YOUR ATTITUDE; Lesson 3: "Improving Your Attitude"; Homework 3: Dear Parents; Substance Abuse/Violence Prevention Portfolio 3: Playground Disputes; Reinforcement Activities 16, 17, 18, 19
305:	I LIKE YOUR ATTITUDE; Lesson 4: "Attitudes at Home, School, and the Community"; Homework 4: Attitudes; Substance Abuse/Violence Prevention Portfolio 4: A Peaceful Community; Reinforcement Activities 20, 21, 25
306:	MY FAMILY, YOUR FAMILY; Lesson 1: "All About Families" ; Substance Abuse/Violence Prevention Portfolio 1: Family Picture Web; Reinforcement Activities 4, 5, 6
306:	MY FAMILY, YOUR FAMILY; Lesson 2: "Genes--What They Are and What They Do"; Homework 2: Family Heritage; Substance Abuse/Violence Prevention Portfolio 2: Dealing with Discrimination; Reinforcement Activities 8, 12, 14
306:	MY FAMILY, YOUR FAMILY; Lesson 3: "A Very Special Person-Me"; Homework 3: "R-E-S-P-E-C-T" Substance Abuse/Violence Prevention Portfolio 3: I Am Someone Special; Reinforcement Activities 15, 16, 18
306:	MY FAMILY, YOUR FAMILY; Lesson 4: "Personal Safety"; Homework 4: "I Promise..."; Substance Abuse/Violence Prevention Portfolio 4: Different Ways to Say "No!"; Reinforcement Activities 19, 20, 21
307:	SAYING "NO!" TO SMOKING, DRINKING AND DRUGS; Lesson 1: "Saying 'NO!' to Smoking, Drinking and Drugs"; Substance Abuse/Violence Prevention Portfolio 1: Drug Knowledge; Reinforcement Activities 1, 5, 6
307:	SAYING "NO!" TO SMOKING DRINKING AND DRUGS; Lesson 2: "Drugs and the Law"; Homework 2: Family Rules for Health Values; Substance Abuse/Violence Prevention Portfolio 2: Laws for Our Country; Reinforcement Activities 8, 12
307:	SAYING "NO!" TO SMOKING DRINKING AND DRUGS; Lesson 3: "Addiction"; Homework 3: Health Values & Family Plan of Action; Substance Abuse/Violence Prevention Portfolio 3: Blue Ribbon Awards for Positive Values; Reinforcement Activities 13, 15, 16, 17
307:	SAYING "NO!" TO SMOKING DRINKING AND DRUGS; Lesson 4: "Build That Skill"; Reinforcement Activities 20, 21, 22, 23, 24
308:	THINGS YOU MIGHT CATCH; Lesson 2: "Fighting Diseases – Optional Section on AIDS/HIV"
308:	THINGS YOU MIGHT CATCH; Substance Abuse/Violence Prevention Portfolio 3: Making Healthy

	<p>Decisions</p> <p>308: THINGS YOU MIGHT CATCH; Lesson 4: "Medicines"</p> <p>309: WHEN BODIES HAVE PROBLEMS; Lesson 1: "Body Problems"; Homework 1: Showing Respect; Substance Abuse/Violence Prevention Portfolio 1: Drugs and Alcohol Can Cause Body Problems; Reinforcement Activities 1, 2</p> <p>309: WHEN BODIES HAVE PROBLEMS; Lesson 2: "More about Physical Impairments"; Homework 2: Matthew's Diary; Reinforcement Activities 5, 6, 7</p> <p>309: WHEN BODIES HAVE PROBLEMS; Lesson 3: "Living with a Learning Difference"; Substance Abuse/Violence Prevention Portfolio 3: Saying "No!" To Drugs in Different Ways; Reinforcement Activities 9, 10, 11</p> <p>309: WHEN BODIES HAVE PROBLEMS; Lesson 4: "Special Needs in the Community"; Substance Abuse/Violence Prevention Portfolio 4: Feeling Good Enough to Say "No"! to Drugs; Reinforcement Activities 15, 18</p> <p>310: FINDING OUT ABOUT BONES; Substance Abuse/Violence Prevention Portfolio 1: My BEST Paper; Reinforcement Activity 6</p> <p>310: FINDING OUT ABOUT BONES; Substance Abuse/Violence Prevention Portfolio 2: Relating Substance Abuse and Violence; Reinforcement Activity 13</p> <p>310: FINDING OUT ABOUT BONES; Substance Abuse/Violence Prevention Portfolio 3: A Plan To Reduce Playground Violence</p> <p>310: FINDING OUT ABOUT BONES; Substance Abuse/Violence Prevention Portfolio 4: Implementing the Playground Plan</p>
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**801. -- 803. (RESERVED).**

**804. HEALTH STANDARDS - GRADE 4, SECTIONS 805 THROUGH 809.**

The samples associated with the content standards are meant to illustrate meaning and to represent possible areas of applications. They are not intended to be an exhaustive list, but are samples of applications that would demonstrate learning.

**805. HEALTHY LIFESTYLES.**

Standard - The student will:	The Great Body Shop Lessons, Homework, Substance Abuse/Violence Prevention Portfolios & Reinforcement Activities listed below address accountability standards under No Child Left Behind, Safe and Drug Free Schools
<b>01. Acquire the essential skills to lead a healthy life.</b>	401: COMMUNITY SAFETY; Lesson 1: "Who Keeps Us Safe and How They Do It"; Substance Abuse/Violence Prevention Portfolio 1: For My Journal/Safety Rules; Reinforcement Activities 1, 2, 3, 4

- 401: COMMUNITY SAFETY; Lesson 2: "How the Community Handles Conflict"; Homework 2: We Think You're Great!!; Substance Abuse/Violence Prevention Portfolio 2: Second Hand Smoke Interviews; Reinforcement Activities 5, 6, 7, 8
- 401: COMMUNITY SAFETY; Lesson 3: "When Violence Breaks Out"; Homework 3: Making Decisions To Avoid Violence; Substance Abuse/Violence Prevention Portfolio 3: Solving Conflicts Peacefully; Reinforcement Activities 9, 10, 11, 12, 13
- 401: COMMUNITY SAFETY; Lesson 4: "My Part in Keeping the Community Safe"; Homework 4: If We All Work Together; Substance Abuse/Violence Prevention Portfolio 4: If We All Work Together; Reinforcement Activities 14, 15, 16, 17, 19
- 402: LET'S TALK TEETH; Lesson 1: "How Teeth Are Built"; Homework 1: Smile Awhile; Substance Abuse/Violence Prevention Portfolio 1: Accepting Individual Differences
- 402: LET'S TALK TEETH; Homework 2: What I Do To Protect My Teeth; Substance Abuse/Violence Prevention Portfolio 2: Keeping My Teeth Safe; Substance Abuse/Violence Prevention Portfolio 3: The Effects of Tobacco on Dental Hygiene
- 403: THE DIGESTIVE SYSTEM; Substance Abuse/Violence Prevention Portfolio 1: The Effects of Alcohol on the Digestive System; Reinforcement Activity 3
- 403: THE DIGESTIVE SYSTEM; Substance Abuse/Violence Prevention Portfolio 2: Finding Help for Eating Disorders
- 403: THE DIGESTIVE SYSTEM; Lesson 3: "It's Your Choice...Or Is It?"; Substance Abuse/Violence Prevention Portfolio 3: Resisting Negative Influences; Reinforcement Activities 15, 17, 18
- 403: THE DIGESTIVE SYSTEM; Substance Abuse/Violence Prevention Portfolio 4: Always Read Your Medication Labels
- 404: NO SMOKING; Lesson 1: "Smoking and Your Community"; Homework 1: What's Really In a Cigarette?; Substance Abuse/Violence Prevention Portfolio 1: Comparing Lungs of Smokers and Non-Smokers; Reinforcement Activities 2, 3, 4, 5, 6, 7, 8
- 404: NO SMOKING; Lesson 2: "Why Do People Smoke?"; Homework 2: Interview with a Tobacco-User; Substance Abuse/Violence Prevention Portfolio 2: Reasons Not to Drink Alcoholic Beverages; Reinforcement Activities 9,10,11,12,13
- 404: NO SMOKING; Lesson 3: "Advertising and Other Influences on Your Behavior"; Homework 3: Dear Editor; Substance Abuse/Violence Prevention Portfolio 3: Positive vs. Negative Influences; Reinforcement Activities 14, 15, 16, 18



404:	NO SMOKING; Lesson 4: "Smoking and Your Community"; Homework 4: Second-Hand Smoke and Our Community; Substance Abuse/Violence Prevention Portfolio 4: Listing Reasons and Ways to Stay Healthy; Reinforcement Activities 19, 20, 21, 22, 23, 24
405:	IT'S MY BODY; Lesson 1: "Taking Care of Your Body"; Substance Abuse/Violence Prevention Portfolio 1: Avoiding a Fight; Reinforcement Activities 1, 2, 3, 4, 5, 6,
405:	IT'S MY BODY; Lesson 2: "Critical Thinking to the Rescue"; Homework 2: What Do You Do?; Substance Abuse/Violence Prevention Portfolio 2: The Bully; Reinforcement Activities 8, 9, 10
405:	IT'S MY BODY; Lesson 3: "In Tune with Your Emotions"; Homework 3: A Closer Look; Substance Abuse/Violence Prevention Portfolio 3: Falsely Accused; Reinforcement Activities 11, 12, 13, 14, 15
405:	IT'S MY BODY; Lesson 4: "Preventing Abuse"(Both Regular Lesson & Optional Section); Homework 4: These Are My Superstars; Substance Abuse/Violence Prevention Portfolio 4: Advising a Friend; Reinforcement Activities 16, 17, 18, 19, 20, 21, 22
406:	BE COOL, KEEP CLEAN; Lesson 1: "Hormones and Body Changes"; Substance Abuse/Violence Prevention Portfolio 1: Avoid Emotional Outbursts; Reinforcement Activity 3
406:	BE COOL, KEEP CLEAN; Substance Abuse/Violence Prevention Portfolio 2: Healthful Activities
406:	BE COOL, KEEP CLEAN; Substance Abuse/Violence Prevention Portfolio 3: Medicine Know-How
406:	BE COOL, KEEP CLEAN; Lesson 4: "Looking Good, Feeling Great"; Homework 4: Looking Good; Substance Abuse/Violence Prevention Portfolio 4: Disease Transmission From IV Drug Use; Reinforcement Activities 12, 14
407:	STAY DRUG FREE! BUILD YOUR ASSESTS; Lesson 1: "Drug Free and Asset Strong!"; Homework 1: Positive Values; Substance Abuse/Violence Prevention Portfolio 1: How Much Have We Learned About S.A.P.?; Reinforcement Activities 1, 2, 3, 4
407:	STAY DRUG FREE! BUILD YOUR ASSESTS; Lesson 2: "Drugs: What They Are and What They Do"; Homework 2: Alcohol in the Body; Substance Abuse/Violence Prevention Portfolio 2: Evaluating S.A.P. Portfolio Assignments; Reinforcement Activities 5, 6, 7, 8, 9, 10, 11
407:	STAY DRUG FREE! BUILD YOUR ASSESTS; Lesson 3: "Making Smart Decisions"; Homework 3: Be A Goal Setter; Substance Abuse/Violence Prevention Portfolio 3: Laws and Rules Relationship Web; Reinforcement Activities 12, 13, 14, 15, 16
407:	STAY DRUG FREE! BUILD YOUR ASSESTS; Lesson 4: "How and Where to Find Help"; Homework 4: Where Can You Find Help?; Substance Abuse/Violence Prevention Portfolio 4: Changed Perceptions About Drug Abuse; Reinforcement Activities 17, 18, 19, 20, 21

	408: ALL ABOUT AIDS; Substance Abuse/Violence Prevention Portfolio 1: Avoiding a Fight
	408: ALL ABOUT AIDS; Lesson 2: "Transmission of HIV"; Substance Abuse/Violence Prevention Portfolio 2: Letter Explaining Why Drugs Are Not "Cool!" ; Reinforcement Activities 4, 5, 6
	408: ALL ABOUT AIDS; Lesson 3: "Know Yourself and Your Friends"; Homework 3: A Pledge to Myself and Others; Substance Abuse/Violence Prevention Portfolio 3: Responding to a Risky Situation; Reinforcement Activity 9
	408: ALL ABOUT AIDS; Lesson 4: "AIDS and the Community"; Substance Abuse/Violence Prevention Portfolio 4: Anti-Drug Advertisement; Reinforcement Activity 11
	409: YOUR INCREDIBLE HEARING MACHINE; Substance Abuse/Violence Prevention Portfolio 1: Reacting to Negative Pressure; Substance Abuse/Violence Prevention Portfolio 2: Responsible Behavior – A Key to Injury Prevention
	409: YOUR INCREDIBLE HEARING MACHINE; Lesson 3: "Hearing Impairments"; Homework 3: Acts of Kindness and Patience; Substance Abuse/Violence Prevention Portfolio 3: Posters for Violence-Free Living
	410: EXERCISE; Substance Abuse/Violence Prevention Portfolio 1: "V" for Violence Prevention; Reinforcement Activity 5; Substance Abuse/Violence Prevention Portfolio 2: Relationship Between Drugs and Violence
	410: EXERCISE; Lesson 3: "The Benefits of Exercise"; Substance Abuse/Violence Prevention Portfolio 3: Plan to Reduce Playground Violence
	410: EXERCISE; Substance Abuse/Violence Prevention Portfolio 4: Implementing the Playground Plan

#### 806. RISK-TAKING BEHAVIOR.

<b>Standard - The student will:</b>	<b>The Great Body Shop Lessons, Homework, Substance Abuse/Violence Prevention Portfolios &amp; Reinforcement Activities listed below address accountability standards under No Child Left Behind, Safe and Drug Free Schools</b>
<b>01. Demonstrate the ability to practice health-enhancing behaviors and reduce health risks.</b>	All lessons, homework, portfolio and reinforcement activities listed above also meet this standard.

#### 807. COMMUNICATION SKILLS FOR HEALTHY RELATIONSHIPS.

<b>Standard - The student will:</b>	<b>The Great Body Shop Lessons, Homework, Substance Abuse/Violence Prevention Portfolios &amp; Reinforcement Activities listed below address accountability standards under No Child Left Behind, Safe and Drug Free Schools</b>
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01. Demonstrate the ability to use communication skills to enhance health.	401: COMMUNITY SAFETY; Substance Abuse/Violence Prevention Portfolio 1: For My Journal/Safety Rules; Reinforcement Activities 1, 2, 3
	401: COMMUNITY SAFETY; Lesson 2: "How the Community Handles Conflict"; Homework 2: We Think You're Great!!; Substance Abuse/Violence Prevention Portfolio 2: Second Hand Smoke Interviews; Reinforcement Activities 5, 6, 7, 8
	401: COMMUNITY SAFETY; Lesson 3: "When Violence Breaks Out"; Homework 3: Making Decisions To Avoid Violence; Substance Abuse/Violence Prevention Portfolio 3: Solving Conflicts Peacefully; Reinforcement Activities 9, 12, 13
	401: COMMUNITY SAFETY; Lesson 4: "My Part in Keeping the Community Safe"; Homework 4: If We All Work Together; Substance Abuse/Violence Prevention Portfolio 4: If We All Work Together; Reinforcement Activities 14, 17
	402: LET'S TALK TEETH; Lesson 1: "How Teeth Are Built"; Homework 1: Smile Awhile; Substance Abuse/Violence Prevention Portfolio 1: Accepting Individual Differences
	402: LET'S TALK TEETH; Homework 2: What I Do To Protect My Teeth; Substance Abuse/Violence Prevention Portfolio 2: Keeping My Teeth Safe; Substance Abuse/Violence Prevention Portfolio 3: The Effects of Tobacco on Dental Hygiene
	403: THE DIGESTIVE SYSTEM; Substance Abuse/Violence Prevention Portfolio 1: The Effects of Alcohol on the Digestive System
	403: THE DIGESTIVE SYSTEM; Substance Abuse/Violence Prevention Portfolio 2: Finding Help for Eating Disorders; Substance Abuse/Violence Prevention Portfolio 3: Resisting Negative Influences; Reinforcement Activities 15, 17, 18
	403: THE DIGESTIVE SYSTEM; Substance Abuse/Violence Prevention Portfolio 4: Always Read Your Medication Labels
	404: NO SMOKING; Lesson 1: "Smoking and Your Community"; Homework 1: What's Really In a Cigarette?; Substance Abuse/Violence Prevention Portfolio 1: Comparing Lungs of Smokers and Non-Smokers; Reinforcement Activities 2, 3, 6, 7
	404: NO SMOKING; Lesson 2: "Why Do People Smoke?"; Homework 2: Interview with a Tobacco-User; Reinforcement Activities 10, 11, 12, 13
	404: NO SMOKING; Lesson 3: "Advertising and Other Influences on Your Behavior"; Homework 3: Dear Editor; Substance Abuse/Violence Prevention Portfolio 3: Positive vs. Negative Influences; Reinforcement Activities 14, 15, 16, 18
404: NO SMOKING; Lesson 4: "Smoking and Your Community"; Homework 4: Second-Hand Smoke and	

	Our Community; Substance Abuse/Violence Prevention Portfolio 4: Listing Reasons and Ways to Stay Healthy; Reinforcement Activities 20, 21, 23, 24
405:	IT'S MY BODY; Lesson 1: "Taking Care of Your Body"; Substance Abuse/Violence Prevention Portfolio 1: Avoiding a Fight; Reinforcement Activities 1, 2, 5, 6,
405:	IT'S MY BODY; Lesson 2: "Critical Thinking to the Rescue"; Homework 2: What Do You Do?; Substance Abuse/Violence Prevention Portfolio 2: The Bully; Reinforcement Activities 8, 9
405:	IT'S MY BODY; Lesson 3: "In Tune with Your Emotions"; Homework 3: A Closer Look; Substance Abuse/Violence Prevention Portfolio 3: Falsely Accused; Reinforcement Activities 13, 14, 15
405:	IT'S MY BODY; Lesson 4: "Preventing Abuse"(Both Regular Lesson & Optional Section); Homework 4: These Are My Superstars; Substance Abuse/Violence Prevention Portfolio 4: Advising a Friend; Reinforcement Activities 17, 18, 19, 20, 22
406:	BE COOL, KEEP CLEAN; Lesson 1: "Hormones and Body Changes"; Substance Abuse/Violence Prevention Portfolio 1: Avoid Emotional Outbursts; Reinforcement Activity 3
406:	BE COOL, KEEP CLEAN; Substance Abuse/Violence Prevention Portfolio 2: Healthful Activities; Substance Abuse/Violence Prevention Portfolio 3: Medicine Know-How
406:	BE COOL, KEEP CLEAN; Lesson 4: "Looking Good, Feeling Great"; Homework 4: Looking Good; Substance Abuse/Violence Prevention Portfolio 4: Disease Transmission From IV Drug Use; Reinforcement Activity 12
407:	STAY DRUG FREE! BUILD YOUR ASSESTS; Lesson 1: "Drug Free and Asset Strong"; Homework 1: Positive Values; Substance Abuse/Violence Prevention Portfolio 1: How Much Have We Learned About S.A.P.?; Reinforcement Activities 1, 2, 3, 4
407:	STAY DRUG FREE! BUILD YOUR ASSESTS; Lesson 2: "Drugs: What They Are and What They Do"; Homework 2: Alcohol in the Body; Reinforcement Activities 5, 6, 7, 8, 9, 10
407:	STAY DRUG FREE! BUILD YOUR ASSESTS; Lesson 3: "Making Smart Decisions"; Homework 3: Be A Goal Setter; Substance Abuse/Violence Prevention Portfolio 3: Laws and Rules Relationship Web; Reinforcement Activities 12, 13, 14
407:	STAY DRUG FREE! BUILD YOUR ASSESTS; Lesson 4: "How and Where to Find Help"; Homework 4: Where Can You Find Help?; Substance Abuse/Violence Prevention Portfolio 4: Changed Perceptions About Drug Abuse; Reinforcement Activities 17, 18, 19, 20, 21
408:	ALL ABOUT AIDS; Substance Abuse/Violence Prevention Portfolio 1: Avoiding a Fight

	408: ALL ABOUT AIDS; Substance Abuse/Violence Prevention Portfolio 2: Letter Explaining Why Drugs Are Not “Cool!” ; Reinforcement Activities 5, 6
	408: ALL ABOUT AIDS; Lesson 3: “Know Yourself and Your Friends”; Homework 3: A Pledge to Myself and Others; Substance Abuse/Violence Prevention Portfolio 3: Responding to a Risky Situation; Reinforcement Activity 9
	408: ALL ABOUT AIDS; Substance Abuse/Violence Prevention Portfolio 4: Anti-Drug Advertisement; Reinforcement Activity 11
	409: YOUR INCREDIBLE HEARING MACHINE; Substance Abuse/Violence Prevention Portfolio 1: Reacting to Negative Pressure; Substance Abuse/Violence Prevention Portfolio 2: Responsible Behavior – A Key to Injury Prevention
	409: YOUR INCREDIBLE HEARING MACHINE; Lesson 3: "Hearing Impairments"; Homework 3: Acts of Kindness and Patience; Substance Abuse/Violence Prevention Portfolio 3: Posters for Violence-Free Living
	410: EXERCISE; Substance Abuse/Violence Prevention Portfolio 1: “V” for Violence Prevention; Reinforcement Activity 5; Substance Abuse/Violence Prevention Portfolio 2: Relationship Between Drugs and Violence
	410: EXERCISE; Lesson 3: "The Benefits of Exercise"; Substance Abuse/Violence Prevention Portfolio 3: Plan to Reduce Playground Violence
	410: EXERCISE; Substance Abuse/Violence Prevention Portfolio 4: Implementing the Playground Plan

#### 808. CONSUMER HEALTH.

Standard - The student will:	The Great Body Shop Lessons, Homework, Substance Abuse/Violence Prevention Portfolios & Reinforcement Activities listed below address accountability standards under No Child Left Behind, Safe and Drug Free Schools
01. Organize, analyze, and apply health information practices and services appropriate for individual needs.	<p>401: COMMUNITY SAFETY; Lesson 1: "Who Keeps Us Safe and How They Do It"; Substance Abuse/Violence Prevention Portfolio 1: For My Journal/Safety Rules; Reinforcement Activities 1, 2, 3</p> <p>401: COMMUNITY SAFETY; Homework 2: We Think You're Great!; Reinforcement Activity 6</p> <p>401: COMMUNITY SAFETY; Homework 4: If We All Work Together; Substance Abuse/Violence Prevention Portfolio 4: If We All Work Together; Reinforcement Activity 15</p> <p>402: LET'S TALK TEETH; Homework 2: What I Do To Protect My Teeth; Substance Abuse/Violence Prevention Portfolio 3: The Effects of Tobacco on Dental Hygiene</p>

	403: THE DIGESTIVE SYSTEM; Substance Abuse/Violence Prevention Portfolio 2: Finding Help for Eating Disorders; Reinforcement Activity 16; Substance Abuse/Violence Prevention Portfolio 4: Always Read Your Medication Labels
	404: NO SMOKING; Reinforcement Activities 10
	404: NO SMOKING; Lesson 3: "Advertising and Other Influences on Your Behavior"; Homework 3: Interview with a Tobacco-User; Reinforcement Activities 15, 18
	404: NO SMOKING; Lesson 4: "Smoking and Your Community"; Reinforcement Activity 21
	405: IT'S MY BODY; Lesson 1: "Taking Care of Your Body"; Reinforcement Activities 1, 3
	405: IT'S MY BODY; Lesson 2: "Critical Thinking to the Rescue"; Substance Abuse/Violence Prevention Portfolio 2: The Bully; Reinforcement Activities 8, 10
	405: IT'S MY BODY; Lesson 3: "In Tune with Your Emotions"
	405: IT'S MY BODY; Lesson 4: "Preventing Abuse"(Both Regular Lesson & Optional Section); Homework 4: These Are My Superstars; Substance Abuse/Violence Prevention Portfolio 4: Advising a Friend; Reinforcement Activity 22
	406: BE COOL, KEEP CLEAN; Substance Abuse/Violence Prevention Portfolio 3: Medicine Know-How
	406: BE COOL, KEEP CLEAN; Lesson 4: "Looking Good, Feeling Great"; Homework 4: Looking Good;
	407: STAY DRUG FREE! BUILD YOUR ASSESTS; Reinforcement Activities 1, 2, 3, 5, 10
	407: STAY DRUG FREE! BUILD YOUR ASSESTS; Substance Abuse/Violence Prevention Portfolio 3: Laws and Rules Relationship Web; Reinforcement Activities 12, 13, 14, 16
	407: STAY DRUG FREE! BUILD YOUR ASSESTS; Lesson 4: "How and Where to Find Help"; Homework 4: Where Can You Find Help?; Reinforcement Activities 17, 19, 20, 21
	408: ALL ABOUT AIDS; Lesson 4: "AIDS and the Community"; Substance Abuse/Violence Prevention Portfolio 4: Anti-Drug Advertisement; Reinforcement Activity 11
	409: YOUR INCREDIBLE HEARING MACHINE; Substance Abuse/Violence Prevention Portfolio 2: Responsible Behavior – A Key to Injury Prevention

**809. MENTAL AND EMOTIONAL WELLNESS.**

<b>Standard - The student will:</b>	<b>The Great Body Shop Lessons, Homework, Substance Abuse/Violence Prevention Portfolios &amp; Reinforcement</b>
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	<b>Activities listed below address accountability standards under No Child Left Behind, Safe and Drug Free Schools</b>
<b>01. Understand and demonstrate the key components to positive mental and emotional health.</b>	<p>401: COMMUNITY SAFETY; Lesson 1: "Who Keeps Us Safe and How They Do It"; Substance Abuse/Violence Prevention Portfolio 1: For My Journal/Safety Rules; Reinforcement Activity 4</p> <p>401: COMMUNITY SAFETY; Lesson 2: "How the Community Handles Conflict"; Homework 2: We Think You're Great!; Substance Abuse/Violence Prevention Portfolio 2: Second Hand Smoke Interviews; Reinforcement Activities 5, 6, 7, 8</p> <p>401: COMMUNITY SAFETY; Lesson 3: "When Violence Breaks Out"; Homework 3: Making Decisions To Avoid Violence; Substance Abuse/Violence Prevention Portfolio 3: Solving Conflicts Peacefully; Reinforcement Activities 9, 11</p> <p>401: COMMUNITY SAFETY; Lesson 4: "My Part in Keeping the Community Safe"; Homework 4: If We All Work Together; Substance Abuse/Violence Prevention Portfolio 4: If We All Work Together; Reinforcement Activities 15, 16, 17</p> <p>402: LET'S TALK TEETH; Lesson 1: "How Teeth Are Built"; Homework 1: Smile Awhile; Substance Abuse/Violence Prevention Portfolio 1: Accepting Individual Differences</p> <p>402: LET'S TALK TEETH; Homework 2: What I Do To Protect My Teeth; Substance Abuse/Violence Prevention Portfolio 2: Keeping My Teeth Safe</p> <p>403: THE DIGESTIVE SYSTEM; Reinforcement Activities 3; Substance Abuse/Violence Prevention Portfolio 2: Finding Help for Eating Disorders</p> <p>403: THE DIGESTIVE SYSTEM; Lesson 3: "It's Your Choice...Or Is It?"; Substance Abuse/Violence Prevention Portfolio 3: Resisting Negative Influences; Reinforcement Activities 15, 17, 18</p> <p>404: NO SMOKING; Lesson 2: "Why Do People Smoke?"</p> <p>404: NO SMOKING; Lesson 3: "Advertising and Other Influences on Your Behavior"; Homework 3: Dear Editor; Substance Abuse/Violence Prevention Portfolio 3: Positive vs. Negative Influences; Reinforcement Activity 14</p> <p>404: NO SMOKING; Lesson 4: "Smoking and Your Community"; Homework 4: Second-Hand Smoke and Our Community; Substance Abuse/Violence Prevention Portfolio 4: Listing Reasons and Ways to Stay Healthy; Reinforcement Activities 22, 23</p> <p>405: IT'S MY BODY; Lesson 1: "Taking Care of Your Body"; Substance Abuse/Violence Prevention Portfolio 1: Avoiding a Fight; Reinforcement Activities 1, 2, 5</p> <p>405: IT'S MY BODY; Lesson 2: "Critical Thinking to the Rescue"; Homework 2: What Do You Do?; Substance Abuse/Violence Prevention Portfolio 2: The Bully; Reinforcement Activities 8, 10</p>

405:	IT'S MY BODY; Lesson 3: "In Tune with Your Emotions"; Homework 3: A Closer Look; Substance Abuse/Violence Prevention Portfolio 3: Falsely Accused; Reinforcement Activities 11, 12, 13, 14, 15
405:	IT'S MY BODY; Lesson 4: "Preventing Abuse"(Both Regular Lesson & Optional Section); Homework 4: These Are My Superstars; Substance Abuse/Violence Prevention Portfolio 4: Advising a Friend; Reinforcement Activities 16, 17, 21, 22
406:	BE COOL, KEEP CLEAN; Lesson 1: "Hormones and Body Changes"; Substance Abuse/Violence Prevention Portfolio 1: Avoid Emotional Outbursts; Reinforcement Activity 3
406:	BE COOL, KEEP CLEAN; Substance Abuse/Violence Prevention Portfolio 2: Healthful Activities
406:	BE COOL, KEEP CLEAN; Lesson 4: "Looking Good, Feeling Great"; Homework 4: Looking Good; Reinforcement Activities 12, 14
407:	STAY DRUG FREE! BUILD YOUR ASSESTS; Lesson 1: "Drug Free and Asset Strong!"; Homework 1: Positive Values; Substance Abuse/Violence Prevention Portfolio 1: How Much Have We Learned About S.A.P.?; Reinforcement Activities 1, 2, 3, 4
407:	STAY DRUG FREE! BUILD YOUR ASSESTS; Lesson 2: "Drugs: What They Are and What They Do"; Substance Abuse/Violence Prevention Portfolio 2: Evaluating S.A.P. Portfolio Assignments; Reinforcement Activities 5, 6, 7, 8, 9, 11
407:	STAY DRUG FREE! BUILD YOUR ASSESTS; Lesson 3: "Making Smart Decisions"; Homework 3: Be A Goal Setter; Substance Abuse/Violence Prevention Portfolio 3: Laws and Rules Relationship Web; Reinforcement Activities 12, 13, 14, 15, 16
407:	STAY DRUG FREE! BUILD YOUR ASSESTS; Lesson 4: "How and Where to Find Help"; Homework 4: Where Can You Find Help?; Substance Abuse/Violence Prevention Portfolio 4: Changed Perceptions About Drug Abuse; Reinforcement Activities 17, 19, 21
408:	ALL ABOUT AIDS; Substance Abuse/Violence Prevention Portfolio 1: Avoiding a Fight
408:	ALL ABOUT AIDS; Lesson 2: "Transmission of HIV"; Substance Abuse/Violence Prevention Portfolio 2: Letter Explaining Why Drugs Are Not "Cool!" ; Reinforcement Activity 5
408:	ALL ABOUT AIDS; Lesson 3: "Know Yourself and Your Friends"; Homework 3: A Pledge to Myself and Others; Substance Abuse/Violence Prevention Portfolio 3: Responding to a Risky Situation; Reinforcement Activity 9
408:	ALL ABOUT AIDS; Lesson 4: "AIDS and the Community"; Substance Abuse/Violence Prevention Portfolio 4: Anti-Drug Advertisement; Reinforcement Activity 11



	<p>409: YOUR INCREDIBLE HEARING MACHINE; Substance Abuse/Violence Prevention Portfolio 1: Reacting to Negative Pressure; Substance Abuse/Violence Prevention Portfolio 2: Responsible Behavior – A Key to Injury Prevention</p> <p>409: YOUR INCREDIBLE HEARING MACHINE; Lesson 3: "Hearing Impairments"; Homework 3: Acts of Kindness and Patience; Substance Abuse/Violence Prevention Portfolio 3: Posters for Violence-Free Living</p> <p>410: EXERCISE; Substance Abuse/Violence Prevention Portfolio 1: "V" for Violence Prevention; Reinforcement Activity 5; Substance Abuse/Violence Prevention Portfolio 2: Relationship Between Drugs and Violence</p> <p>410: EXERCISE; Lesson 3: "The Benefits of Exercise"; Substance Abuse/Violence Prevention Portfolio 3: Plan to Reduce Playground Violence</p> <p>410: EXERCISE; Substance Abuse/Violence Prevention Portfolio 4: Implementing the Playground Plan</p>
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**810. -- 812. (RESERVED).**

**813. HEALTH STANDARDS - GRADE 5, SECTIONS 814 THROUGH 818.**

The samples associated with the content standards are meant to illustrate meaning and to represent possible areas of applications. They are not intended to be an exhaustive list, but are samples of applications that would demonstrate learning.

**814. HEALTHY LIFESTYLES.**

<b>Standard - The student will:</b>	<b>The Great Body Shop Lessons, Homework, Substance Abuse/Violence Prevention Portfolios &amp; Reinforcement Activities listed below address accountability standards under No Child Left Behind, Safe and Drug Free Schools</b>
<b>01. Acquire the essential skills to lead a healthy life.</b>	<p>501: FIRST AID FACTS; Lesson 1: "First Aid – What, Who, When"; Substance Abuse/Violence Prevention Portfolio 1: Appreciating Yourself; Reinforcement Activity 3</p> <p>501: FIRST AID FACTS; Substance Abuse/Violence Prevention Portfolio 2: First Aid For Injuries Resulting From Violent Acts; Reinforcement Activity 7</p> <p>501: FIRST AID FACTS; Lesson 3: "Your Community and How to Call for Help"; Homework 3: Who to Call for Help; Substance Abuse/Violence Prevention Portfolio 3: Being Assertive When Asking for Help; Reinforcement Activities 14, 15, 17, 19</p> <p>501: FIRST AID FACTS; Lesson 4: "Taking Precautions"; Substance Abuse/Violence Prevention Portfolio 4: Keeping Yourself and Your Loved Ones Safe; Reinforcement Activities 20, 21, 22, 24</p> <p>502: BRAINSTORMS! THE CENTRAL NERVOUS SYSTEM; Homework 1: Setting Goals; Substance Abuse/Violence Prevention Portfolio 1: The Effects of Violence on the Brain;</p>

502:	BRAINSTORMS: THE CENTRAL NERVOUS SYSTEM; Substance Abuse/Violence Prevention Portfolio 2: Keeping the Brain Informed
502:	BRAINSTORMS: THE CENTRAL NERVOUS SYSTEM; Lesson 3: "Drugs and the Damage They Do"; Homework 3: Drug Free Fun; Substance Abuse/Violence Prevention Portfolio 3: How "Doing Drugs" Can Affect Personality; Reinforcement Activities 12, 13, 14, 15
502:	BRAINSTORMS: THE CENTRAL NERVOUS SYSTEM; Lesson 4: "Injuries and Disorders"; Homework 4: Learning Problems; Substance Abuse/Violence Prevention Portfolio 4: Avoiding Conflict Helps Keep the Brain Safe; Reinforcement Activities 16, 17, 19
503:	YOU ARE WHAT YOU EAT; Substance Abuse/Violence Prevention Portfolio 1: Values, Nutrition and Saying "NO!" to Drugs; Substance Abuse/Violence Prevention Portfolio 2: How Smoking and Alcohol Alter Your Sense of Taste
503:	YOU ARE WHAT YOU EAT; Homework 3: Don't Listen to Everything You Hear; Substance Abuse/Violence Prevention Portfolio 3: Saying "NO!" to Alcohol; Substance Abuse/Violence Prevention Portfolio 4: Practicing the Refusal Skills
504:	LOVE YOUR LUNGS; Lesson 1: "The Respiratory System"; Substance Abuse/Violence Prevention Portfolio 1: The Importance of Our Respiratory System; Reinforcement Activity 1; Substance Abuse/Violence Prevention Portfolio 2: A National View; Reinforcement Activities: 7, 9, 10, 11
504:	LOVE YOUR LUNGS; Lesson 3: "Smoking and Your Lungs"; Homework 3: Trick Appeal; Substance Abuse/Violence Prevention Portfolio 3: Practice Saying "NO!" to Peer Pressure; Reinforcement Activities 12, 13, 15, 16, 17
504:	LOVE YOUR LUNGS; Lesson 4: "Pollution in the Community"; Substance Abuse/Violence Prevention Portfolio 4: Community and Respiratory Health Agencies; Reinforcement Activities 18, 19, 22, 23, 24, 25
505:	THOSE CRAZY, MIXED-UP EMOTIONS; Lesson 1: "Your Emotions and Your Body"; Substance Abuse/Violence Prevention Portfolio 1: Ways to Manage Anger; Reinforcement Activities 1 - 6
505:	THOSE CRAZY MIXED UP EMOTIONS; Lesson 2: "Your Emotions And Your Life"; Homework 2: Guns and the Family; Substance Abuse/Violence Prevention Portfolio 2: Effects of Alcohol on Emotional Situations; Reinforcement Activities 7, 8, 9 10, 11
505:	THOSE CRAZY MIXED-UP EMOTIONS; Lesson 3: "Troubled Times"; Homework 3: My Support System; Substance Abuse/Violence Prevention Portfolio 3: Positive Support System Alternatives for Potential Gang Members; Reinforcement Activities 12, 13, 14, 15
505:	THOSE CRAZY, MIXED-UP EMOTIONS; Lesson 4 "Send the Message: My Body is Private";

	Homework 4: The Safety Game; Substance Abuse/Violence Prevention Portfolio 4: Avoiding Risky Situations; Reinforcement Activities 16, 17, 18, 19, 20, 21
506:	GROWING UP; Substance Abuse/Violence Prevention Portfolio 1: Responsibility Factors
506:	GROWING UP; Lesson 2: "Growing up Male and Female"; Substance Abuse/Violence Prevention Portfolio 2: Sexual Harassment; Reinforcement Activities 6, 8, 9
506:	GROWING UP; Lesson 3: "Good Hygiene and Feeling Good About the Way You Look"; Homework 3: Looking Good and Feeling Good; Substance Abuse/Violence Prevention Portfolio 3: Overt and Covert Messages in Ads
506:	GROWING UP; Lesson 4: "Growing up With a Healthy Attitude"; Homework 4: Health Values; Substance Abuse/Violence Prevention Portfolio 4: Negative Consequences of Gang Membership; Reinforcement Activities 22, 24, 25, 28
507:	DANGER AHEAD: THE TRUTH ABOUT DRUGS; Lesson 1: "The Effects of Use, Misuse and Abuse of Drugs"; Homework 1: Setting A Personal Goal; Substance Abuse/Violence Prevention Portfolio 1: Comparing Two SAP Assignments; Reinforcement Activities 1 - 6
507:	DANGER AHEAD: THE TRUTH ABOUT DRUGS; Lesson 2: "Drug Abuse and the Family"; Homework 2: Dear Billy...; Substance Abuse/Violence Prevention Portfolio 2: Relationship Web; Reinforcement Activities 7, 8, 9, 10, 11, 12, 13
507:	DANGER AHEAD: THE TRUTH ABOUT DRUGS; Lesson 3: "Drugs and Advertising"; Homework 3: Ad Search; Substance Abuse/Violence Prevention Portfolio 3: Reviewing Assignments About Drug Abuse; Reinforcement Activities 14, 15, 16, 17, 18
507:	DANGER AHEAD: THE TRUTH ABOUT DRUGS; Lesson 4: "Choose to Be Drug Free"; Homework 4 Exploring the Community; Substance Abuse/Violence Prevention Portfolio 4: Drug Abuse and Drug-Free Living Relationship Webs; Reinforcement Activities 19, 20, 21, 22, 23, 24
508:	ABOUT BLOOD AND AIDS; Lesson 1: "Your Circulatory System"; Substance Abuse/Violence Prevention Portfolio 1: Being Responsible; Reinforcement Activity 7
508:	ABOUT BLOOD AND AIDS; Substance Abuse/Violence Prevention Portfolio 2: Drug Abuse and the Immune System
508:	ABOUT BLOOD AND AIDS; Lesson 3: "HIV, Enemy of the Immune System"; Homework 3: Hopes and Dreams and Setting Life Goals; Substance Abuse/Violence Prevention Portfolio 3: Dealing with Negative Influences; Reinforcement Activities 13, 15, 16
508:	ABOUT BLOOD AND AIDS; Lesson 4: "Helping Hands"; Homework 4: AIDS-Patient Community

	<p>Resources; Substance Abuse/Violence Prevention Portfolio 4: What To Do When A Friend Exhibits Risky Behavior; Reinforcement Activity 19</p> <p>509: ALL THE RIGHT STUFF; Lesson 1: "Don't Be Fooled by Advertising"; Homework 1: What Do You Think?; Substance Abuse/Violence Prevention Portfolio 1: Writing Responsible Ads; Reinforcement Activity 1</p> <p>509: ALL THE RIGHT STUFF; Lesson 2: "Be A Smart Consumer"; Substance Abuse/Violence Prevention Portfolio 2: Identifying and Applying Values As A Consumer; Reinforcement Activity 4</p> <p>509: ALL THE RIGHT STUFF; Lesson 3: "The Goods You Buy – Are They Good For You?"; Homework 3: How Can You Be Sure?; Substance Abuse/Violence Prevention Portfolio 3: The Impact of Music, Movies and Videos; Reinforcement Activities 8, 9, 12</p> <p>509: ALL THE RIGHT STUFF; Substance Abuse/Violence Prevention Portfolio 4: Easy Money; Reinforcement Activity 20</p> <p>510: BONES AND MUSCLES: A TERRIFIC TEAM; Substance Abuse/Violence Prevention Portfolio 1: My BEST Work; Substance Abuse/Violence Prevention Portfolio 2: How Drugs and Violence Are Related; Substance Abuse/Violence Prevention Portfolio 3: Plan to Reduce Playground Violence; Reinforcement Activities 13, 14</p> <p>510: BONES AND MUSCLES; Lesson 4: "What Makes a Body Feel Great"; Substance Abuse/Violence Prevention Portfolio 4: Implementing the Playground Plan; Reinforcement Activities 18, 21, 25</p>
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#### 815. RISK-TAKING BEHAVIOR.

<b>Standard - The student will:</b>	<b>The Great Body Shop Lessons, Homework, Substance Abuse/Violence Prevention Portfolios &amp; Reinforcement Activities listed below address accountability standards under No Child Left Behind, Safe and Drug Free Schools</b>
<b>01. Demonstrate the ability to practice health-enhancing behaviors and reduce health risks.</b>	All lessons, homework, portfolio and reinforcement activities listed above also meet this standard.

#### 816. COMMUNICATION SKILLS FOR HEALTHY RELATIONSHIPS.

<b>Standard - The student will:</b>	<b>The Great Body Shop Lessons, Homework, Substance Abuse/Violence Prevention Portfolios &amp; Reinforcement Activities listed below address accountability standards under No Child Left Behind, Safe and Drug Free Schools</b>
<b>01. Demonstrate the ability to use communication skills to enhance health.</b>	<p>501: FIRST AID FACTS; Lesson 1: "First Aid – What, Who, When"; Substance Abuse/Violence Prevention Portfolio 1: Appreciating Yourself; Reinforcement Activity 3</p> <p>501: FIRST AID FACTS; Substance Abuse/Violence Prevention Portfolio 2: First Aid For Injuries</p>

	<p>Resulting From Violent Acts</p> <p>501: FIRST AID FACTS; Lesson 3: "Your Community and How to Call for Help"; Substance Abuse/Violence Prevention Portfolio 3: Being Assertive When Asking for Help; Reinforcement Activities 14, 19</p> <p>501: FIRST AID FACTS; Lesson 4: "Taking Precautions"; Substance Abuse/Violence Prevention Portfolio 4: Keeping Yourself and Your Loved Ones Safe; Reinforcement Activities 20, 21, 24</p> <p>502: BRAINSTORMS! THE CENTRAL NERVOUS SYSTEM; Homework 1: Setting Goals; Substance Abuse/Violence Prevention Portfolio 1: The Effects of Violence on the Brain</p> <p>502: BRAINSTORMS: THE CENTRAL NERVOUS SYSTEM; Lesson 3: "Drugs and the Damage They Do"; Homework 3: Drug Free Fun; Substance Abuse/Violence Prevention Portfolio 3: How "Doing Drugs" Can Affect Personality; Reinforcement Activities 12, 14</p> <p>502: BRAINSTORMS: THE CENTRAL NERVOUS SYSTEM; Homework 4: Learning Problems; Substance Abuse/Violence Prevention Portfolio 4: Avoiding Conflict Helps Keep the Brain Safe; Reinforcement Activities 16, 17, 19</p> <p>503: YOU ARE WHAT YOU EAT; Substance Abuse/Violence Prevention Portfolio 1: Values, Nutrition and Saying "NO!" to Drugs; Substance Abuse/Violence Prevention Portfolio 2: How Smoking and Alcohol Alter Your Sense of Taste</p> <p>503: YOU ARE WHAT YOU EAT; Homework 3: Don't Listen to Everything You Hear; Substance Abuse/Violence Prevention Portfolio 3: Saying "NO!" to Alcohol; Substance Abuse/Violence Prevention Portfolio 4: Practicing the Refusal Skills</p> <p>504: LOVE YOUR LUNGS; Lesson 1: "The Respiratory System"; Substance Abuse/Violence Prevention Portfolio 1: The Importance of Our Respiratory System; Reinforcement Activities 1, 2; Substance Abuse/Violence Prevention Portfolio 2: A National View; Reinforcement Activities: 9, 10, 11</p> <p>504: LOVE YOUR LUNGS; Lesson 3: "Smoking and Your Lungs"; Homework 3: Trick Appeal; Substance Abuse/Violence Prevention Portfolio 3: Practice Saying "NO!" to Peer Pressure; Reinforcement Activities 12, 13, 15, 16, 17</p> <p>504: LOVE YOUR LUNGS; Lesson 4: "Pollution in the Community"; Homework 4: Community Service Project; Substance Abuse/Violence Prevention Portfolio 4: Community and Respiratory Health Agencies; Reinforcement Activities 18, 19, 22, 23, 24, 25</p> <p>505: THOSE CRAZY, MIXED-UP EMOTIONS; Lesson 1: "Your Emotions and Your Body"; Reinforcement Activities 3, 4, 6</p>
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	505: THOSE CRAZY MIXED UP EMOTIONS; Lesson 2: "Your Emotions And Your Life"; Substance Abuse/Violence Prevention Portfolio 2: Effects of Alcohol on Emotional Situations; Reinforcement Activities 7, 10, 11
	505: THOSE CRAZY MIXED-UP EMOTIONS; Lesson 3: "Troubled Times"; Homework 3: My Support System; Substance Abuse/Violence Prevention Portfolio 3: Positive Support System Alternatives for Potential Gang Members; Reinforcement Activities 12, 13, 14
	505: THOSE CRAZY, MIXED-UP EMOTIONS; Lesson 4 "Send the Message: My Body is Private"; Homework 4: The Safety Game; Substance Abuse/Violence Prevention Portfolio 4: Avoiding Risky Situations; Reinforcement Activities 16, 17, 19, 20, 21
	506: GROWING UP; Substance Abuse/Violence Prevention Portfolio 1: Responsibility Factors
	506: GROWING UP; Lesson 2: "Growing up Male and Female"; Substance Abuse/Violence Prevention Portfolio 2: Sexual Harassment; Reinforcement Activities 6, 8, 9
	506: GROWING UP; Substance Abuse/Violence Prevention Portfolio 3: Overt and Covert Messages in Ads
	506: GROWING UP; Lesson 4: "Growing up With a Healthy Attitude"; Homework 4: Health Values; Substance Abuse/Violence Prevention Portfolio 4: Negative Consequences of Gang Membership; Reinforcement Activities 22, 24, 25, 28
	507: DANGER AHEAD: THE TRUTH ABOUT DRUGS; Lesson 1: "The Effects of Use, Misuse and Abuse of Drugs"; Homework 1: Setting A Personal Goal; Substance Abuse/Violence Prevention Portfolio 1: Comparing Two SAP Assignments; Reinforcement Activities 2, 3, 4, 5, 6
	507: DANGER AHEAD: THE TRUTH ABOUT DRUGS; Lesson 2: "Drug Abuse and the Family"; Homework 2: Dear Billy...; Substance Abuse/Violence Prevention Portfolio 2: Relationship Web; Reinforcement Activities 7, 8, 9, 10, 11, 13
	507: DANGER AHEAD: THE TRUTH ABOUT DRUGS; Lesson 3: "Drugs and Advertising"; Homework 3: Ad Search; Substance Abuse/Violence Prevention Portfolio 3: Reviewing Assignments About Drug Abuse; Reinforcement Activities 14, 15, 16, 17, 18
	507: DANGER AHEAD: THE TRUTH ABOUT DRUGS; Lesson 4: "Choose to Be Drug Free"; Homework 4 Exploring the Community; Substance Abuse/Violence Prevention Portfolio 4: Drug Abuse and Drug-Free Living Relationship Webs; Reinforcement Activities 20, 21, 22, 23
	508: ABOUT BLOOD AND AIDS; Lesson 1: "Your Circulatory System"; Substance Abuse/Violence Prevention Portfolio 1: Being Responsible

	508: ABOUT BLOOD AND AIDS; Substance Abuse/Violence Prevention Portfolio 2: Drug Abuse and the Immune System
	508: ABOUT BLOOD AND AIDS; Lesson 3: "HIV, Enemy of the Immune System"; Substance Abuse/Violence Prevention Portfolio 3: Dealing with Negative Influences; Reinforcement Activities 13, 15, 16
	508: ABOUT BLOOD AND AIDS; Lesson 4: "Helping Hands"; Homework 4: AIDS-Patient Community Resources; Substance Abuse/Violence Prevention Portfolio 4: What To Do When A Friend Exhibits Risky Behavior; Reinforcement Activity 19
	509: ALL THE RIGHT STUFF; Lesson 1: "Don't Be Fooled by Advertising"; Homework 1: What Do You Think?; Substance Abuse/Violence Prevention Portfolio 1: Writing Responsible Ads; Reinforcement Activity 1
	509: ALL THE RIGHT STUFF; Substance Abuse/Violence Prevention Portfolio 2: Identifying and Applying Values As A Consumer; Reinforcement Activity 4
	509: ALL THE RIGHT STUFF; Lesson 3: "The Goods You Buy – Are They Good For You?"; Homework 3: How Can You Be Sure?; Substance Abuse/Violence Prevention Portfolio 3: The Impact of Music, Movies and Videos; Reinforcement Activities 8, 12
	509: ALL THE RIGHT STUFF; Substance Abuse/Violence Prevention Portfolio 4: Easy Money; Reinforcement Activity 20
	510: BONES AND MUSCLES: A TERRIFIC TEAM; Substance Abuse/Violence Prevention Portfolio 1: My BEST Work; Substance Abuse/Violence Prevention Portfolio 2: How Drugs and Violence Are Related; Substance Abuse/Violence Prevention Portfolio 3: Plan to Reduce Playground Violence; Reinforcement Activities 13, 14
	510: BONES AND MUSCLES; Lesson 4: "What Makes a Body Feel Great"; Reinforcement Activities 18, 21, 25

#### 817. CONSUMER HEALTH.

Standard - The student will:	The Great Body Shop Lessons, Homework, Substance Abuse/Violence Prevention Portfolios & Reinforcement Activities listed below address accountability standards under No Child Left Behind, Safe and Drug Free Schools
01. Organize, analyze, and apply health information practices and services appropriate for individual needs.	<p>501: FIRST AID FACTS; Lesson 1: "First Aid – What, Who, When"; Reinforcement Activity 3</p> <p>501: FIRST AID FACTS; Lesson 3: "Your Community and How to Call for Help"; Homework 3: Who to Call for Help; Substance Abuse/Violence Prevention Portfolio 3: Being Assertive When Asking for Help; Reinforcement Activities 14, 15, 17</p>

- 501: FIRST AID FACTS; Lesson 4: "Taking Precautions"; Reinforcement Activity 21
- 503: YOU ARE WHAT YOU EAT; Homework 3: Don't Listen to Everything You Hear
- 504: LOVE YOUR LUNGS; Reinforcement Activity 1; Reinforcement Activities 10, 11
- 504: LOVE YOUR LUNGS; Lesson 3: "Smoking and Your Lungs"; Homework 3: Trick Appeal; Reinforcement Activities 12, 13, 15
- 504: LOVE YOUR LUNGS; Lesson 4: "Pollution in the Community"; Substance Abuse/Violence Prevention Portfolio 4: Community and Respiratory Health Agencies; Reinforcement Activity 25
- 505: THOSE CRAZY MIXED-UP EMOTIONS; Lesson 3: "Troubled Times"; Homework 3: My Support System; Substance Abuse/Violence Prevention Portfolio 3: Positive Support System Alternatives for Potential Gang Members
- 505: THOSE CRAZY, MIXED-UP EMOTIONS; Lesson 4 "Send the Message: My Body is Private"; Homework 4: The Safety Game; Substance Abuse/Violence Prevention Portfolio 4: Avoiding Risky Situations; Reinforcement Activities 16, 18, 19, 20
- 506: GROWING UP; Lesson 3: "Good Hygiene and Feeling Good About the Way You Look"; Substance Abuse/Violence Prevention Portfolio 3: Overt and Covert Messages in Ads
- 506: GROWING UP; Lesson 4: "Growing up With a Healthy Attitude"; Reinforcement Activity 24
- 507: DANGER AHEAD: THE TRUTH ABOUT DRUGS; Lesson 1: "The Effects of Use, Misuse and Abuse of Drugs"; Reinforcement Activities 3, 4
- 507: DANGER AHEAD: THE TRUTH ABOUT DRUGS; Lesson 2: "Drug Abuse and the Family"; Homework 2: Dear Billy...; Substance Abuse/Violence Prevention Portfolio 2: Relationship Web; Reinforcement Activity 12
- 507: DANGER AHEAD: THE TRUTH ABOUT DRUGS; Lesson 3: "Drugs and Advertising"; Homework 3: Ad Search; Reinforcement Activities 15, 16, 17, 18
- 507: DANGER AHEAD: THE TRUTH ABOUT DRUGS; Homework 4 Exploring the Community; Reinforcement Activity 20
- 508: ABOUT BLOOD AND AIDS; Lesson 4: "Helping Hands"; Homework 4: AIDS-Patient Community Resources; Substance Abuse/Violence Prevention Portfolio 4: What To Do When A Friend Exhibits Risky Behavior; Reinforcement Activity 19



	509: ALL THE RIGHT STUFF; Lesson 1: "Don't Be Fooled by Advertising"; Homework 1: What Do You Think?; Substance Abuse/Violence Prevention Portfolio 1: Writing Responsible Ads; Reinforcement Activity 1
	509: ALL THE RIGHT STUFF; Lesson 2: "Be A Smart Consumer"; Substance Abuse/Violence Prevention Portfolio 2: Identifying and Applying Values As A Consumer; Reinforcement Activity 4
	509: ALL THE RIGHT STUFF; Lesson 3: "The Goods You Buy – Are They Good For You?"; Homework 3: How Can You Be Sure?; Reinforcement Activities 8, 12, 20
	510: BONES AND MUSCLES; Reinforcement Activity 25

**818. MENTAL AND EMOTIONAL WELLNESS.**

<b>Standard - The student will:</b>	<b>The Great Body Shop Lessons, Homework, Substance Abuse/Violence Prevention Portfolios &amp; Reinforcement Activities listed below address accountability standards under No Child Left Behind, Safe and Drug Free Schools</b>
<b>01. Understand and demonstrate the key components to positive mental and emotional health.</b>	<p>501: FIRST AID FACTS; Lesson 1: "First Aid – What, Who, When"; Substance Abuse/Violence Prevention Portfolio 1: Appreciating Yourself; Reinforcement Activity 7</p> <p>501: FIRST AID FACTS; Lesson 3: "Your Community and How to Call for Help"; Homework 3: Who to Call for Help; Substance Abuse/Violence Prevention Portfolio 3: Being Assertive When Asking for Help; Reinforcement Activity 19</p> <p>501: FIRST AID FACTS; Lesson 4: "Taking Precautions"; Substance Abuse/Violence Prevention Portfolio 4: Keeping Yourself and Your Loved Ones Safe; Reinforcement Activities 20, 21, 24</p> <p>502: BRAINSTORMS! THE CENTRAL NERVOUS SYSTEM; Homework 1: Setting Goals; Substance Abuse/Violence Prevention Portfolio 2: Keeping the Brain Informed</p> <p>502: BRAINSTORMS: THE CENTRAL NERVOUS SYSTEM; Lesson 3: "Drugs and the Damage They Do"; Homework 3: Drug Free Fun; Substance Abuse/Violence Prevention Portfolio 3: How "Doing Drugs" Can Affect Personality; Reinforcement Activities 14</p> <p>502: BRAINSTORMS: THE CENTRAL NERVOUS SYSTEM; Lesson 4: "Injuries and Disorders"; Homework 4: Learning Problems; Substance Abuse/Violence Prevention Portfolio 4: Avoiding Conflict Helps Keep the Brain Safe; Reinforcement Activities 16, 17, 19</p> <p>503: YOU ARE WHAT YOU EAT; Substance Abuse/Violence Prevention Portfolio 1: Values, Nutrition and Saying "NO!" to Drugs; Homework 3: Don't Listen to Everything You Hear; Substance Abuse/Violence Prevention Portfolio 3: Saying "NO!" to Alcohol; Substance Abuse/Violence Prevention Portfolio 4: Practicing the Refusal Skills</p>

- 504: LOVE YOUR LUNGS; Lesson 1: "The Respiratory System"; Substance Abuse/Violence Prevention Portfolio 1: The Importance of Our Respiratory System; Reinforcement Activity 1; Reinforcement Activities 9, 11
- 504: LOVE YOUR LUNGS; Lesson 3: "Smoking and Your Lungs"; Homework 3: Trick Appeal; Substance Abuse/Violence Prevention Portfolio 3: Practice Saying "NO!" to Peer Pressure; Reinforcement Activities 17
- 505: THOSE CRAZY, MIXED-UP EMOTIONS; Lesson 1: "Your Emotions and Your Body"; Substance Abuse/Violence Prevention Portfolio 1: Ways to Manage Anger; Reinforcement Activities 1, 2, 3, 4, 5, 6
- 505: THOSE CRAZY MIXED UP EMOTIONS; Lesson 2: "Your Emotions And Your Life"; Substance Abuse/Violence Prevention Portfolio 2: Effects of Alcohol on Emotional Situations; Reinforcement Activities 7, 8, 9, 10, 11
- 505: THOSE CRAZY MIXED-UP EMOTIONS; Lesson 3: "Troubled Times"; Homework 3: My Support System; Substance Abuse/Violence Prevention Portfolio 3: Positive Support System Alternatives for Potential Gang Members; Reinforcement Activities 12, 13, 14, 15
- 505: THOSE CRAZY, MIXED-UP EMOTIONS; Lesson 4 "Send the Message: My Body is Private"; Homework 4: The Safety Game; Reinforcement Activities 16, 17, 19, 20, 21
- 506: GROWING UP; Substance Abuse/Violence Prevention Portfolio 1: Responsibility Factors
- 506: GROWING UP; Lesson 2: "Growing up Male and Female"; Substance Abuse/Violence Prevention Portfolio 2: Sexual Harassment; Reinforcement Activities 6, 8, 9
- 506: GROWING UP; Lesson 3: "Good Hygiene and Feeling Good About the Way You Look"; Homework 3: Looking Good and Feeling Good; Substance Abuse/Violence Prevention Portfolio 3: Overt and Covert Messages in Ads
- 506: GROWING UP; Lesson 4: "Growing up With a Healthy Attitude"; Homework 4: Health Values; Substance Abuse/Violence Prevention Portfolio 4: Negative Consequences of Gang Membership; Reinforcement Activities 24, 25, 28
- 507: DANGER AHEAD: THE TRUTH ABOUT DRUGS; Lesson 1: "The Effects of Use, Misuse and Abuse of Drugs"; Homework 1: Setting A Personal Goal; Substance Abuse/Violence Prevention Portfolio 1: Comparing Two SAP Assignments; Reinforcement Activities 3, 5, 6
- 507: DANGER AHEAD: THE TRUTH ABOUT DRUGS; Lesson 2: "Drug Abuse and the Family"; Homework 2: Dear Billy...; Substance Abuse/Violence Prevention Portfolio 2: Relationship Web; Reinforcement Activities 11, 12, 13

	507: DANGER AHEAD: THE TRUTH ABOUT DRUGS; Lesson 3: "Drugs and Advertising"; Homework 3: Ad Search; Substance Abuse/Violence Prevention Portfolio 3: Reviewing Assignments About Drug Abuse; Reinforcement Activities 14, 15, 16
	507: DANGER AHEAD: THE TRUTH ABOUT DRUGS; Lesson 4: "Choose to Be Drug Free"; Homework 4 Exploring the Community; Substance Abuse/Violence Prevention Portfolio 4: Drug Abuse and Drug-Free Living Relationship Webs; Reinforcement Activities 19, 20, 22
	508: ABOUT BLOOD AND AIDS; Substance Abuse/Violence Prevention Portfolio 1: Being Responsible
	508: ABOUT BLOOD AND AIDS; Lesson 3: "HIV, Enemy of the Immune System"; Homework 3: Hopes and Dreams and Setting Life Goals; Substance Abuse/Violence Prevention Portfolio 3: Dealing with Negative Influences; Reinforcement Activity 13
	508: ABOUT BLOOD AND AIDS; Lesson 4: "Helping Hands"; Homework 4: AIDS-Patient Community Resources; Substance Abuse/Violence Prevention Portfolio 4: What To Do When A Friend Exhibits Risky Behavior
	509: ALL THE RIGHT STUFF; Lesson 1: "Don't Be Fooled by Advertising"; Homework 1: What Do You Think?; Reinforcement Activity 1
	509: ALL THE RIGHT STUFF; Lesson 2: "Be A Smart Consumer"; Substance Abuse/Violence Prevention Portfolio 2: Identifying and Applying Values As A Consumer; Reinforcement Activity 4
	509: ALL THE RIGHT STUFF; Lesson 3: "The Goods You Buy – Are They Good For You?"; Homework 3: How Can You Be Sure?; Substance Abuse/Violence Prevention Portfolio 3: The Impact of Music, Movies and Videos; Reinforcement Activities 8, 9
	509: ALL THE RIGHT STUFF; Substance Abuse/Violence Prevention Portfolio 4: Easy Money; Reinforcement Activity 20
	510: BONES AND MUSCLES: A TERRIFIC TEAM; Substance Abuse/Violence Prevention Portfolio 1: My BEST Work; Substance Abuse/Violence Prevention Portfolio 2: How Drugs and Violence Are Related; Substance Abuse/Violence Prevention Portfolio 3: Plan to Reduce Playground Violence; Reinforcement Activities 13, 14
	510: BONES AND MUSCLES; Lesson 4: "What Makes a Body Feel Great"; Substance Abuse/Violence Prevention Portfolio 4: Implementing the Playground Plan; Reinforcement Activities 18, 21, 25

**819. -- 821. (RESERVED).**

**822. HEALTH STANDARDS - GRADE 6, SECTIONS 823 THROUGH 827.**

The samples associated with the content standards are meant to illustrate meaning and to represent possible areas of applications. They are not intended to be an exhaustive list, but are samples of applications that would demonstrate learning.

**823. HEALTHY LIFESTYLES.**

Standard - The student will:	The Great Body Shop Lessons, Homework, Substance Abuse/Violence Prevention Portfolios & Reinforcement Activities listed below address accountability standards under No Child Left Behind, Safe and Drug Free Schools
<b>01. Acquire the essential skills to lead a healthy life.</b>	<p>601: ALLERGIES AND ASTHMA; Substance Abuse/Violence Prevention Portfolio 1: Treating Others With Sensitivity and Respect; Reinforcement Activity 5</p> <p>601: ALLERGIES AND ASTHMA; Lesson 2: "Feeling Good About You"; Reinforcement Activity 10</p> <p>601: ALLERGIES AND ASTHMA; Lesson 3: "Risks to Your Health and Safety"; Homework 3: Make Quitting Easier; Substance Abuse/Violence Prevention Portfolio 3: Ranking Health Values; Reinforcement Activities 13, 14, 15, 16</p> <p>601: ALLERGIES AND ASTHMA; Substance Abuse/Violence Prevention Portfolio 4: Expressing Feelings About Helping Others</p> <p>602: CELLS; Lesson 1: "The Cells in Your Body"; Substance Abuse/Violence Prevention Portfolio 1: Commitment to Avoid Harmful Substances</p> <p>602: CELLS; Substance Abuse/Violence Prevention Portfolio 2: Our Complex and Amazing Body; Reinforcement Activity 7</p> <p>602: CELLS; Lesson 3: "You and Your Genes"; Substance Abuse/Violence Prevention Portfolio 3: Respecting Our Uniqueness: Reinforcement Activity 16</p> <p>602: CELLS; Lesson 4: "Sick Cells"; Substance Abuse/Violence Prevention Portfolio 4: Advertising Against Substance Abuse; Reinforcement Activities 18, 21</p> <p>603: EAT SMART, LOOK GREAT!; Substance Abuse/Violence Prevention Portfolio 1: The Positive Effects of a Good Diet</p> <p>603: EAT SMART, LOOK GREAT!; Substance Abuse/Violence Prevention Portfolio 2: Nutrition at Your Local Grocery Store</p> <p>603: EAT SMART, LOOK GREAT; Lesson 3: "Eating Disorders"; Substance Abuse/Violence Prevention Portfolio 3: Unhealthy Eating Habits; Reinforcement Activity 13; Substance Abuse/Violence Prevention Portfolio 4: Practicing Your Conflict Resolution Skills</p> <p>604: KEEP THIS BODY SAFE; Lesson 1: "Keep This Body Safe"; Homework 1: Keeping Your Body Safe; Substance Abuse/Violence Prevention Portfolio 1: Matthew – Don't Set Off Those Fireworks!; Reinforcement Activities 3, 4, 5, 6</p>

	604: KEEP THIS BODY SAFE; Lesson 2: "Gang Pressure"; Homework 2: I Am Special; Substance Abuse/Violence Prevention Portfolio 2: Gang Free Pledge; Reinforcement Activities 8, 9, 10, 11, 12, 13
	604: KEEP THIS BODY SAFE; Lesson 3: "Getting Help"; Homework 3: Emotional Art; Substance Abuse/Violence Prevention Portfolio 3: Violence in Art; Reinforcement Activities 14,15,16,17
	604: KEEP THIS BODY SAFE; Lesson 4: "Sexual Harassment and Abuse"; Homework 4: Take A Stand; Substance Abuse/Violence Prevention Portfolio 4: Take A Stand; Reinforcement Activities 18, 19, 20, 21, 22, 23
	605: WHAT IS STRESS?; Lesson 1: "Stress and Your Body"; Substance Abuse/Violence Prevention Portfolio 1 : Dear Friend Letter; Reinforcement Activities 1, 2, 3
	605: WHAT IS STRESS?; Lesson 2: "Recognizing the Causes of Stress in Their Lives"; Homework 2: Stress Triggers; Substance Abuse/Violence Prevention Portfolio 2: Identifying Negative Ways to Handle Stress; Reinforcement Activities: 4, 5, 6
	605: WHAT IS STRESS?; Lesson 3: "Coping With Stress"; Homework 3: Positive and Negative Coping Skills; Substance Abuse/Violence Prevention Portfolio 3: Conflict Resolution; Reinforcement Activities 7, 8, 9, 10, 11, 12, 13
	605: WHAT IS STRESS?; Lesson 4 "Communities in Stress"; Homework 4: My Own Community Goals; Substance Abuse/Violence Prevention Portfolio 4: Conflict in Communities; Reinforcement Activities 14, 15, 16, 17,18,19
	606: THE REPRODUCTIVE SYSTEM; Substance Abuse/Violence Prevention Portfolio 1: How to Handle Teasing in PE Class; Reinforcement Activity 2
	606: THE REPRODUCTIVE SYSTEM; Substance Abuse/Violence Prevention Portfolio 2: A Letter to Your Sister; Reinforcement Activity 7
	606: THE REPRODUCTIVE SYSTEM; Lesson 3: "Emotional Maturity"; Homework 3: Reaching Goals; Substance Abuse/Violence Prevention Portfolio 3: Risky Situations and Places; Reinforcement Activities 13, 14
	606: THE REPRODUCTIVE SYSTEM; Lesson 4: "Relationships"; Homework 4: The Qualities of A Friend; Substance Abuse/Violence Prevention Portfolio 4: The Qualities of a Friend; Reinforcement Activities 17, 19, 20, 22, 23
	607: ADDICTIONS; Lesson 1: "What Is Addiction?" Homework 1: A Personal Pledge to Stay Drug Free; Substance Abuse/Violence Prevention Portfolio 1: Reviewing Past SAP Assignments; Reinforcement Activities 1, 2, 3, 4, 5, 6, 7

607:	ADDICTIONS; Lesson 2: "The Pressures Around Us"; Homework 2: Advertising Pressure; Substance Abuse/Violence Prevention Portfolio 2: Relationship Web; Reinforcement Activities 8, 9, 10, 11
607:	ADDICTIONS; Lesson 3: "Getting Help"; Homework 3: What Would You Say to A Friend?; Substance Abuse/Violence Prevention Portfolio 3: Changes in Students' Perceptions About Drug Abuse; Reinforcement Activities 12, 13, 14, 15
607:	ADDICTIONS; Lesson 4: "Feeling Good About Me"; Homework 4: Goals for Overcoming Weaknesses; Substance Abuse/Violence Prevention Portfolio 4: Drug Abuse and Drug Free Relationship Webs; Reinforcement Activities 16, 17, 18, 19, 20
608:	HIV: WHAT YOU NEED TO KNOW NOW; Homework 1: Ten Years From Now; Substance Abuse/Violence Prevention Portfolio 1: Drug Abuse, Sexual Activity and HIV; Reinforcement Activities 1, 5
608:	HIV: WHAT YOU NEED TO KNOW NOW; Substance Abuse/Violence Prevention Portfolio 2: Discussion About Discrimination and HIV; Reinforcement Activities 7, 8, 9
608:	HIV: WHAT YOU NEED TO KNOW NOW; Lesson 3: "Prevention"; Homework 3: Responsibility; Substance Abuse/Violence Prevention Portfolio 3: Using Positive Peer Pressure; Reinforcement Activities 10, 11, 12
608:	HIV: WHAT YOU NEED TO KNOW NOW; Lesson 4: "Helping Hands in the Community"; Homework 4: Plan A Project To Help Others; Substance Abuse/Violence Prevention Portfolio 4: Project To Reduce Violence In Our Community; Reinforcement Activities 13, 14, 15, 16
609:	A HEALTHY ENVIRONMENT: IT'S UP TO YOU; Lesson 1: "Environment Counts"; Homework 1: Research Community Laws; Substance Abuse/Violence Prevention Portfolio 1: A Drug and Violence Free Community; Reinforcement Activity 1; Substance Abuse/Violence Prevention Portfolio 2: Community Resources; Reinforcement Activity 9
609:	A HEALTHY ENVIRONMENT: IT'S UP TO YOU; Lesson 3: "Emotional Environment for Healthy Growth"; Homework 3: What Can I Do?; Substance Abuse/Violence Prevention Portfolio 3: Goals for An Emotionally Healthful Environment; Reinforcement Activity 10
609:	A HEALTHY ENVIRONMENT: IT'S UP TO YOU; Lesson 4: "Community Resources – Help for Renewal"; Homework 4: Community Evaluation; Substance Abuse/Violence Prevention Portfolio 4: Responsibility; Reinforcement Activities 15, 16, 17
610:	THE SPORTS REPORT; Lesson 1: "Exercise and Physical Fitness"; Substance Abuse/Violence Prevention Portfolio 1: My BEST Paper; Substance Abuse/Violence Prevention Portfolio 2: How Are Substance Abuse and Violence Related?

	610: THE SPORTS REPORT; Lesson 3: "Steroids"; Homework 3: Fill in the Pill; Substance Abuse/Violence Prevention Portfolio 3: Design A Plan To Reduce Violence At School; Reinforcement Activities 9, 10; Substance Abuse/Violence Prevention Portfolio 4: Implementing the Plan to Reduce School Violence; Reinforcement Activity 16
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#### 824. RISK-TAKING BEHAVIOR.

<b>Standard - The student will:</b>	<b>The Great Body Shop Lessons, Homework, Substance Abuse/Violence Prevention Portfolios &amp; Reinforcement Activities listed below address accountability standards under No Child Left Behind, Safe and Drug Free Schools</b>
<b>01. Demonstrate the ability to practice health-enhancing behaviors and reduce health risks.</b>	All lessons, homework, portfolio and reinforcement activities listed above also meet this standard.

#### 825. COMMUNICATION SKILLS FOR HEALTHY RELATIONSHIPS.

<b>Standard - The student will:</b>	<b>The Great Body Shop Lessons, Homework, Substance Abuse/Violence Prevention Portfolios &amp; Reinforcement Activities listed below address accountability standards under No Child Left Behind, Safe and Drug Free Schools</b>
<b>01. Demonstrate the ability to use communication skills to enhance health.</b>	<p>601: ALLERGIES AND ASTHMA; Substance Abuse/Violence Prevention Portfolio 1: Treating Others With Sensitivity and Respect; Reinforcement Activity 5</p> <p>601: ALLERGIES AND ASTHMA; Lesson 2: "Feeling Good About You"; Reinforcement Activity 10</p> <p>601: ALLERGIES AND ASTHMA; Lesson 3: "Risks to Your Health and Safety"; Homework 3: Make Quitting Easier; Substance Abuse/Violence Prevention Portfolio 3: Ranking Health Values; Reinforcement Activities 14, 15, 16</p> <p>601: ALLERGIES AND ASTHMA; Substance Abuse/Violence Prevention Portfolio 4: Expressing Feelings About Helping Others</p> <p>602: CELLS; Substance Abuse/Violence Prevention Portfolio 1: Commitment to Avoid Harmful Substances; Substance Abuse/Violence Prevention Portfolio 2: Our Complex and Amazing Body; Reinforcement Activity 7</p> <p>602: CELLS; Lesson 3: "You and Your Genes"; Substance Abuse/Violence Prevention Portfolio 3: Respecting Our Uniqueness; Reinforcement Activity 16</p> <p>602: CELLS; Lesson 4: "Sick Cells"; Substance Abuse/Violence Prevention Portfolio 4: Advertising Against Substance Abuse; Reinforcement Activities 18, 21</p> <p>603: EAT SMART, LOOK GREAT!; Substance Abuse/Violence Prevention Portfolio 1: The Positive Effects of a Good Diet; Substance Abuse/Violence Prevention Portfolio 2: Nutrition at Your Local</p>

	<p>Grocery Store</p> <p>603: EAT SMART, LOOK GREAT; Lesson 3: "Eating Disorders"; Substance Abuse/Violence Prevention Portfolio 3: Unhealthful Eating Habits; Substance Abuse/Violence Prevention Portfolio 4: Practicing Your Conflict Resolution Skills</p> <p>604: KEEP THIS BODY SAFE; Lesson 1: "Keep This Body Safe"; Homework 1: Keeping Your Body Safe; Substance Abuse/Violence Prevention Portfolio 1: Matthew – Don't Set Off Those Fireworks!; Reinforcement Activities 3, 4</p> <p>604: KEEP THIS BODY SAFE; Lesson 2: "Gang Pressure"; Homework 2: I Am Special Because...; Substance Abuse/Violence Prevention Portfolio 2: Gang Free Pledge; Reinforcement Activities 8 - 11</p> <p>604: KEEP THIS BODY SAFE; Lesson 3: "Getting Help"; Homework 3: Emotional Art; Substance Abuse/Violence Prevention Portfolio 3: Violence in Art; Reinforcement Activities 14, 17</p> <p>604: KEEP THIS BODY SAFE; Lesson 4: "Sexual Harassment and Abuse"; Homework 4: Take A Stand; Reinforcement Activities 18, 19, 20, 21, 23</p> <p>605: WHAT IS STRESS?; Lesson 1: "Stress and Your Body"; Substance Abuse/Violence Prevention Portfolio 1: Dear Friend Letter; Reinforcement Activities 1, 3</p> <p>605: WHAT IS STRESS?; Lesson 2: "Recognizing the Causes of Stress in Their Lives"; Homework 2: Stress Triggers; Substance Abuse/Violence Prevention Portfolio 2: Identifying Negative Ways to Handle Stress; Reinforcement Activities: 4, 5, 6</p> <p>605: WHAT IS STRESS?; Lesson 3: "Coping With Stress"; Substance Abuse/Violence Prevention Portfolio 3: Conflict Resolution; Reinforcement Activities 7, 8, 9, 10, 12</p> <p>605: WHAT IS STRESS?; Lesson 4 "Communities in Stress"; Substance Abuse/Violence Prevention Portfolio 4: Conflict in Communities; Reinforcement Activities 14, 15, 16, 17, 18, 19</p> <p>606: THE REPRODUCTIVE SYSTEM; Substance Abuse/Violence Prevention Portfolio 1: How to Handle Teasing in PE Class; Reinforcement Activity 2; Substance Abuse/Violence Prevention Portfolio 2: A Letter to Your Sister; Reinforcement Activity 7</p> <p>606: THE REPRODUCTIVE SYSTEM; Lesson 3: "Emotional Maturity"; Homework 3: Reaching Goals; Substance Abuse/Violence Prevention Portfolio 3: Risky Situations and Places; Reinforcement Activities 13, 14</p> <p>606: THE REPRODUCTIVE SYSTEM; Lesson 4: "Relationships"; Homework 4: The Qualities of A Friend; Substance Abuse/Violence Prevention Portfolio 4: The Qualities of a Friend; Reinforcement Activities 17, 20, 23</p>
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607:	ADDICTIONS; Lesson 1: "What Is Addiction?" Homework 1: A Personal Pledge to Stay Drug Free; Reinforcement Activities 2, 3, 4, 5, 6
607:	ADDICTIONS; Lesson 2: "The Pressures Around Us"; Homework 2: Advertising Pressure; Substance Abuse/Violence Prevention Portfolio 2: Relationship Web; Reinforcement Activity 10
607:	ADDICTIONS; Lesson 3: "Getting Help"; Homework 3: What Would You Say to A Friend?; Substance Abuse/Violence Prevention Portfolio 3: Changes in Students' Perceptions About Drug Abuse; Reinforcement Activities 12, 13, 15
607:	ADDICTIONS; Lesson 4: "Feeling Good About Me"; Reinforcement Activities 16, 17, 18, 19, 20
608:	HIV: WHAT YOU NEED TO KNOW NOW; Homework 1: Ten Years From Now; Substance Abuse/Violence Prevention Portfolio 1: Drug Abuse, Sexual Activity and HIV; Reinforcement Activity 5
608:	HIV: WHAT YOU NEED TO KNOW NOW; Substance Abuse/Violence Prevention Portfolio 2: Discussion About Discrimination and HIV; Reinforcement Activities 7, 8, 9
608:	HIV: WHAT YOU NEED TO KNOW NOW; Lesson 3: "Prevention"; Homework 3: Responsibility; Substance Abuse/Violence Prevention Portfolio 3: Using Positive Peer Pressure; Reinforcement Activities 10, 11, 12
608:	HIV: WHAT YOU NEED TO KNOW NOW; Lesson 4: "Helping Hands in the Community"; Homework 4: Plan A Project To Help Others; Substance Abuse/Violence Prevention Portfolio 4: Project To Reduce Violence In Our Community; Reinforcement Activities 13, 14, 15
609:	A HEALTHY ENVIRONMENT: IT'S UP TO YOU; Lesson 1: "Environment Counts"; Homework 1: Research Community Laws; Substance Abuse/Violence Prevention Portfolio 1: A Drug Free Community; Reinforcement Activity 1; Substance Abuse/Violence Prevention Portfolio 2: Community Resources; Reinforcement Activity 9
609:	A HEALTHY ENVIRONMENT: IT'S UP TO YOU; Lesson 3: "Emotional Environment for Healthy Growth"; Substance Abuse/Violence Prevention Portfolio 3: Goals for An Emotionally Healthful Environment; Reinforcement Activity 10
609:	A HEALTHY ENVIRONMENT: IT'S UP TO YOU; Lesson 4: "Community Resources – Help for Renewal"; Homework 4: Community Evaluation; Substance Abuse/Violence Prevention Portfolio 4: Responsibility; Reinforcement Activities 15, 16, 17
610:	THE SPORTS REPORT; Lesson 1: "Exercise and Physical Fitness"; Substance Abuse/Violence Prevention Portfolio 1: My BEST Paper; Substance Abuse/Violence Prevention Portfolio 2: How Are Substance Abuse and Violence Related?

	610: THE SPORTS REPORT; Lesson 3: "Steroids"; Homework 3: Fill in the Pill; Substance Abuse/Violence Prevention Portfolio 3: Design A Plan To Reduce Violence At School; Reinforcement Activities 9, 10, 16
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**826. CONSUMER HEALTH.**

<b>Standard - The student will:</b>	<b>The Great Body Shop Lessons, Homework, Substance Abuse/Violence Prevention Portfolios &amp; Reinforcement Activities listed below address accountability standards under No Child Left Behind, Safe and Drug Free Schools</b>
<b>01. Organize, analyze, and apply health information practices and services appropriate for individual needs.</b>	<p>601: ALLERGIES AND ASTHMA; Homework 3: Make Quitting Easier</p> <p>603: EAT SMART, LOOK GREAT!; Substance Abuse/Violence Prevention Portfolio 2: Nutrition at Your Local Grocery Store</p> <p>603: EAT SMART, LOOK GREAT; Lesson 3: "Eating Disorders"; Reinforcement Activity 13</p> <p>604: KEEP THIS BODY SAFE; Reinforcement Activities 4, 5</p> <p>604: KEEP THIS BODY SAFE; Lesson 3: "Getting Help"; Substance Abuse/Violence Prevention Portfolio 3: Violence in Art; Reinforcement Activity 14</p> <p>604: KEEP THIS BODY SAFE; Reinforcement Activities 18, 19, 20, 23</p> <p>605: WHAT IS STRESS?; Substance Abuse/Violence Prevention Portfolio 1 : Dear Friend Letter;</p> <p>605: WHAT IS STRESS?; Lesson 3: "Coping With Stress"; Reinforcement Activities 8, 9, 10, 11</p> <p>605: WHAT IS STRESS?; Homework 4: My Own Community Goals; Substance Abuse/Violence Prevention Portfolio 4: Conflict in Communities; Reinforcement Activities 17, 19</p> <p>606: THE REPRODUCTIVE SYSTEM; Reinforcement Activity 20, 23</p> <p>607: ADDICTIONS; Reinforcement Activities 1, 2, 4</p> <p>607: ADDICTIONS; Homework 2: Advertising Pressure; Substance Abuse/Violence Prevention Portfolio 2: Relationship Web; Reinforcement Activity 8</p> <p>607: ADDICTIONS; Lesson 3: "Getting Help"; Homework 3: What Would You Say to A Friend?; Substance Abuse/Violence Prevention Portfolio 3: Changes in Students' Perceptions About Drug Abuse; Reinforcement Activities 12, 14, 15</p> <p>607: ADDICTIONS; Reinforcement Activities 17, 20</p>

	<p>608: HIV: WHAT YOU NEED TO KNOW NOW; Reinforcement Activities 5, 8, 9</p> <p>608: HIV: WHAT YOU NEED TO KNOW NOW; Lesson 4: "Helping Hands in the Community"; Homework 4: Plan A Project To Help Others; Substance Abuse/Violence Prevention Portfolio 4: Project To Reduce Violence In Our Community; 14, 15</p> <p>609: A HEALTHY ENVIRONMENT: IT'S UP TO YOU; Lesson 1: "Environment Counts"; Homework 1: Research Community Laws; Substance Abuse/Violence Prevention Portfolio 1: A Drug and Violence Free Community; Substance Abuse/Violence Prevention Portfolio 2: Community Resources; Reinforcement Activity 9</p> <p>609: A HEALTHY ENVIRONMENT: IT' UP TO YOU; Lesson 3: "Emotional Environment for Healthy Growth"; Homework 3: What Can I Do?; Substance Abuse/Violence Prevention Portfolio 3: Goals for An Emotionally Healthful Environment; Reinforcement Activity 10</p> <p>609: A HEALTHY ENVIRONMENT: IT'S UP TO YOU; Lesson 4: "Community Resources – Help for Renewal"; Homework 4: Community Evaluation; Substance Abuse/Violence Prevention Portfolio 4: Responsibility; Reinforcement Activities 15, 16, 17</p> <p>610: THE SPORTS REPORT; Lesson 1: "Exercise and Physical Fitness"; Substance Abuse/Violence Prevention Portfolio 1: My BEST Paper; Substance Abuse/Violence Prevention Portfolio 2: How Are Substance Abuse and Violence Related?</p> <p>610: THE SPORTS REPORT; Lesson 3: "Steroids"; Homework 3: Fill in the Pill; Substance Abuse/Violence Prevention Portfolio 3: Design A Plan To Reduce Violence At School; Reinforcement Activities 9, 10; Substance Abuse/Violence Prevention Portfolio 4: Implementing the Plan to Reduce School Violence; Reinforcement Activity 16</p>
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**827. MENTAL AND EMOTIONAL WELLNESS.**

<b>Standard - The student will:</b>	<b>The Great Body Shop Lessons, Homework, Substance Abuse/Violence Prevention Portfolios &amp; Reinforcement Activities listed below address accountability standards under No Child Left Behind, Safe and Drug Free Schools</b>
<b>01. Understand and demonstrate the key components to positive mental and emotional health.</b>	<p>601: ALLERGIES AND ASTHMA; Substance Abuse/Violence Prevention Portfolio 1: Treating Others With Sensitivity and Respect; Reinforcement Activity 5</p> <p>601: ALLERGIES AND ASTHMA; Lesson 2: "Feeling Good About You"; Reinforcement Activity 10</p> <p>601: ALLERGIES AND ASTHMA; Lesson 3: "Risks to Your Health and Safety"; Homework 3: Make Quitting Easier; Substance Abuse/Violence Prevention Portfolio 3: Ranking Health Values; Reinforcement Activities 13, 14, 15, 16</p> <p>601: ALLERGIES AND ASTHMA; Substance Abuse/Violence Prevention Portfolio 4: Expressing</p>

	<p>Feelings About Helping Others</p> <p>602: CELLS; Lesson 1: "The Cells in Your Body"; Substance Abuse/Violence Prevention Portfolio 1: Commitment to Avoid Harmful Substances</p> <p>602: CELLS; Substance Abuse/Violence Prevention Portfolio 2: Our Complex and Amazing Body; Reinforcement Activity 7</p> <p>602: CELLS; Lesson 3: "You and Your Genes"; Substance Abuse/Violence Prevention Portfolio 3: Respecting Our Uniqueness: Reinforcement Activity 16</p> <p>602: CELLS; Lesson 4: "Sick Cells"; Substance Abuse/Violence Prevention Portfolio 4: Advertising Against Substance Abuse; Reinforcement Activities 18, 21</p> <p>603: EAT SMART, LOOK GREAT!; Substance Abuse/Violence Prevention Portfolio 1: The Positive Effects of a Good Diet</p> <p>603: EAT SMART, LOOK GREAT!; Substance Abuse/Violence Prevention Portfolio 2: Nutrition at Your Local Grocery Store</p> <p>603: EAT SMART, LOOK GREAT; Lesson 3: "Eating Disorders"; Substance Abuse/Violence Prevention Portfolio 3: Unhealthful Eating Habits; Reinforcement Activity 13; Substance Abuse/Violence Prevention Portfolio 4: Practicing Your Conflict Resolution Skills</p> <p>604: KEEP THIS BODY SAFE; Lesson 1: "Keep This Body Safe"; Homework 1: Keeping Your Body Safe; Substance Abuse/Violence Prevention Portfolio 1: Matthew – Don't Set Off Those Fireworks!; Reinforcement Activities 3, 4, 5, 6</p> <p>604: KEEP THIS BODY SAFE; Lesson 2: "Gang Pressure"; Homework 2: I Am Special; Substance Abuse/Violence Prevention Portfolio 2: Gang Free Pledge; Reinforcement Activities 8 - 13</p> <p>604: KEEP THIS BODY SAFE; Lesson 3: "Getting Help"; Homework 3: Emotional Art; Substance Abuse/Violence Prevention Portfolio 3: Violence in Art; Reinforcement Activities 14,15,16,17</p> <p>604: KEEP THIS BODY SAFE; Lesson 4: "Sexual Harassment and Abuse"; Homework 4: Take A Stand; Substance Abuse/Violence Prevention Portfolio 4: Take A Stand; Reinforcement Activities 18 - 23</p> <p>605: WHAT IS STRESS?; Lesson 1: "Stress and Your Body"; Substance Abuse/Violence Prevention Portfolio 1 : Dear Friend Letter; Reinforcement Activities 1, 2, 3</p> <p>605: WHAT IS STRESS?; Lesson 2: "Recognizing the Causes of Stress in Their Lives"; Homework 2: Stress Triggers; Substance Abuse/Violence Prevention Portfolio 2: Identifying Negative Ways to Handle Stress; Reinforcement Activities: 4, 5, 6</p>
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605:	WHAT IS STRESS?; Lesson 3: "Coping With Stress"; Homework 3: Positive and Negative Coping Skills; Substance Abuse/Violence Prevention Portfolio 3: Conflict Resolution; Reinforcement Activities 7, 8, 9, 10, 11, 12, 13
605:	WHAT IS STRESS?; Lesson 4 "Communities in Stress"; Homework 4: My Own Community Goals; Substance Abuse/Violence Prevention Portfolio 4: Conflict in Communities; Reinforcement Activities 14, 15, 16, 17,18,19
606:	THE REPRODUCTIVE SYSTEM; Substance Abuse/Violence Prevention Portfolio 1: How to Handle Teasing in PE Class; Reinforcement Activity 2
606:	THE REPRODUCTIVE SYSTEM; Substance Abuse/Violence Prevention Portfolio 2: A Letter to Your Sister; Reinforcement Activity 7
606:	THE REPRODUCTIVE SYSTEM; Lesson 3: "Emotional Maturity"; Homework 3: Reaching Goals; Substance Abuse/Violence Prevention Portfolio 3: Risky Situations and Places; Reinforcement Activities 13, 14
606:	THE REPRODUCTIVE SYSTEM; Lesson 4: "Relationships"; Homework 4: The Qualities of A Friend; Substance Abuse/Violence Prevention Portfolio 4: The Qualities of a Friend; Reinforcement Activities 17, 19, 20, 22, 23
607:	ADDICTIONS; Lesson 1: "What Is Addiction?" Homework 1: A Personal Pledge to Stay Drug Free; Substance Abuse/Violence Prevention Portfolio 1: Reviewing Past SAP Assignments; Reinforcement Activities 1, 2, 3, 4, 5, 6, 7
607:	ADDICTIONS; Lesson 2: "The Pressures Around Us"; Homework 2: Advertising Pressure; Substance Abuse/Violence Prevention Portfolio 2: Relationship Web; Reinforcement Activities 8, 9, 10, 11
607:	ADDICTIONS; Lesson 3: "Getting Help"; Homework 3: What Would You Say to A Friend?; Substance Abuse/Violence Prevention Portfolio 3: Changes in Students' Perceptions About Drug Abuse; Reinforcement Activities 12, 13, 14, 15
607:	ADDICTIONS; Lesson 4: "Feeling Good About Me"; Homework 4: Goals for Overcoming Weaknesses; Substance Abuse/Violence Prevention Portfolio 4: Drug Abuse and Drug Free Relationship Webs; Reinforcement Activities 16, 17, 18, 19, 20
608:	HIV: WHAT YOU NEED TO KNOW NOW; Homework 1: Ten Years From Now; Substance Abuse/Violence Prevention Portfolio 1: Drug Abuse, Sexual Activity and HIV; Reinforcement Activities 1, 5
608:	HIV: WHAT YOU NEED TO KNOW NOW; Substance Abuse/Violence Prevention Portfolio 2:

	Discussion About Discrimination and HIV; Reinforcement Activity 7, 8
608:	HIV: WHAT YOU NEED TO KNOW NOW; Lesson 3: "Prevention"; Homework 3: Responsibility; Substance Abuse/Violence Prevention Portfolio 3: Using Positive Peer Pressure; Reinforcement Activities 10, 11, 12
608:	HIV: WHAT YOU NEED TO KNOW NOW; Lesson 4: "Helping Hands in the Community"; Homework 4: Plan A Project To Help Others; Substance Abuse/Violence Prevention Portfolio 4: Project To Reduce Violence In Our Community; Reinforcement Activities 13, 14, 15, 16
609:	A HEALTHY ENVIRONMENT: IT'S UP TO YOU; Lesson 1: "Environment Counts"; Homework 1: Research Community Laws; Substance Abuse/Violence Prevention Portfolio 1: A Drug and Violence Free Community; Reinforcement Activity 1; Substance Abuse/Violence Prevention Portfolio 2: Community Resources; Reinforcement Activity 9
609:	A HEALTHY ENVIRONMENT: IT'S UP TO YOU; Lesson 3: "Emotional Environment for Healthy Growth"; Homework 3: What Can I Do?; Substance Abuse/Violence Prevention Portfolio 3: Goals for An Emotionally Healthful Environment; Reinforcement Activity 10
609:	A HEALTHY ENVIRONMENT: IT'S UP TO YOU; Lesson 4: "Community Resources – Help for Renewal"; Homework 4: Community Evaluation; Substance Abuse/Violence Prevention Portfolio 4: Responsibility; Reinforcement Activities 15, 16, 17
610:	THE SPORTS REPORT; Substance Abuse/Violence Prevention Portfolio 3: Design A Plan To Reduce Violence At School; Reinforcement Activity 10; Substance Abuse/Violence Prevention Portfolio 4: Implementing the Plan to Reduce School Violence;